

# BETWEEN BOWLS

Issue 40

<http://www.reginalawnbowlingclub.ca>

[rlbc.sk@outlook.com](mailto:rlbc.sk@outlook.com)

July 2023



**JULY 1 – HAPPY CANADA DAY**



**JULY 1ST PANCAKE BREAKFAST**

## CANADA DAY CELEBRATIONS AT THE RLBC

PLEASE JOIN US AT THE RLBC AND CELEBRATE  
CANADA DAY ON JULY 1.

ENJOY A HOMEMADE PANCAKE BREAKFAST COOKED  
AND SERVED TO YOU BY OUR VERY OWN RLBC  
VOLUNTEERS.

AFTER CLEANUP, ENJOY A GAME OF BOWLS. PLEASE  
HAVE YOUR DRAW TAGS IN THE TRAY BY 9:45 AM.

IN TRUE CANADIAN STYLE, PLEASE CONSIDER  
WEARING RED AND WHITE, OR GREEN AND WHITE FOR  
SASKATCHEWAN.

### *The Mixed Bowl Menu*

*Fluffy Buttermilk Pancakes served with butter, syrup  
and surprise toppings | Breakfast Sausages |  
Assorted Muffins ..... \$0.00*

*Includes your Beverage Choice*

*Coffee or Tea  
Hot Chocolate  
Lemonade  
Ice Tea  
Water*

*What's the difference between a cupcake and a  
muffin?*

*A muffin gave up on being a cupcake.*

# JULY 1 INFORMATION

JOIN US FOR . . . . .

**PANCAKES WITH THE PRESIDENT**

**MUFFINS WITH THE MEMBERS**

**BREAKFAST WITH YOUR BUDDIES**

**COFFEE WITH THE COACHES**

**BACON WITH THE BOARD**

**TEA WITH YOUR TEAM**

**VEGGIES WITH THE VOLUNTEERS**



**BREAKFAST: 9:00 AM – 10:00 AM**

**DRAW: 10:00 AM**  
**DRAW TAGS SHOULD BE IN THE DRAW TRAY BY 9:45 AM**

**SOCIALIZE: ALL DAY LONG!**

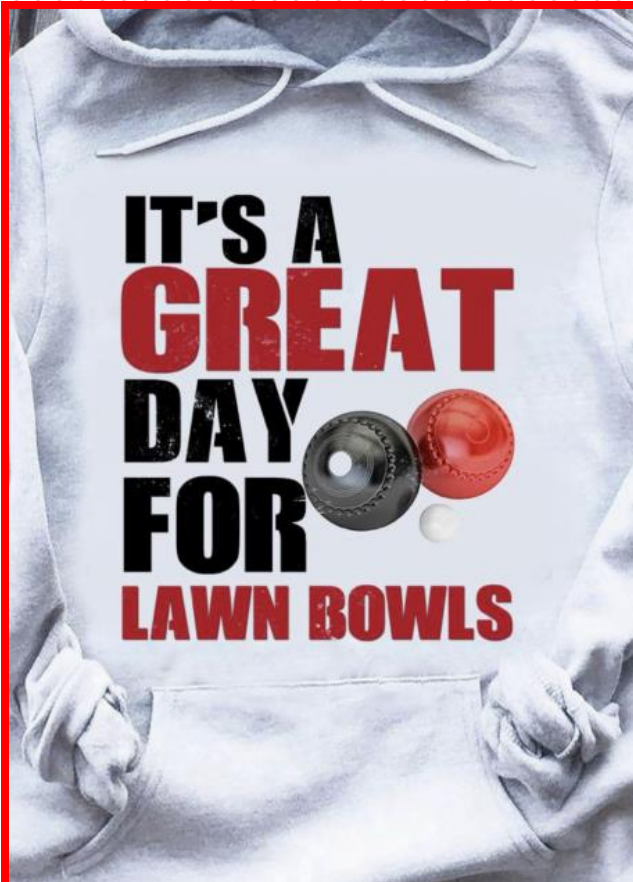


*Why is Maple Syrup always so sad? Because it's sappy!*

**HOW DO YOU MAKE A PANCAKE GRIN? BUTTER IT UP!**



**ME . . . . .**  
when I find out you aren't coming to the July 1st pancake breaky at the RLBC.



## It's A Great Day for Lawn Bowls!

### **SCHEDULED DRAWS** **NEW SCHEDULE FOR JULY**

Remember the guaranteed draws that were so popular in June. Well, as the saying goes . . . back by popular demand, we are continuing the scheduled draws. Scheduled draws is an excellent opportunity for our new and newer members to come to the club to have a game of bowls along side some of our experienced bowlers. Arrive at the clubhouse about 15 minutes prior to game time, and your name will be entered into the draw. Our draw master will make up the teams. New and newer bowlers will learn the nuances of the game from the experienced bowlers. We welcome you to the club to participate in our scheduled draws.

#### **Draw Times**

**Monday's at 1:00 pm . . . arrive by 12:45 pm**

**Tuesday's at 7:00 pm . . . arrive by 6:45 pm**

**Wednesday's at 10:00 am . . . arrive by 9:45 am**

**Friday's – Jitney at 7:00 pm . . . arrive by 6:45 pm**

## **RLBC Club Tournaments**

The **RLBC Club Tournaments** are another great way for new and newer bowlers to learn the game. Sign up by adding your name to the club tournament sheet located on the bulletin board on the clubhouse. Doug, our club tournament guru, will put the teams together. An experienced bowler and a new or newer bowler will be on the same team. Club tournaments are great fun – and, since there is a slightly competitive component involved, teams who place 1<sup>st</sup> and 2<sup>nd</sup> receive an RLBC pin at the Club Windup in the fall. For more information, email us – [rlbc.sk@outlook.com](mailto:rlbc.sk@outlook.com)



**Me** . . . when I find out you didn't sign up for the Guaranteed Draws or the RLBC Club Tournaments

*Go on . . . . bake my day*

## **Baker's Box**

What do you get when you put Coca-Cola in the oven?  
Baking Soda!



Why did the baker cross the road?  
He had muffin' else to do!

It would be super cool if there were some cookies or baked goods in our Baker's Box. What? There are already? Way to go, members! We can always use more so . . . if you want to get your "bake on" and you have extras, we'd be more than happy to take them off your hands. Thanks so much!

*What does bread do after it's done baking? Oh, just loaf around.*

***Some dream of cake . . . others bake it happen!***

## Brain Freeze

### Bias – Not Bowls Bias – The Bias Blindspot

Well, bias bowls, too.

As bowlers, whether we are new bowlers, social bowlers or competitive bowlers, we have a personal bias about the bowls bias.

What? Me? Biased? Never!

But it's true. We hear people talk. And they must be right . . . look at the success they've had.

How many times have we been told . . . if you're a lead, use a narrow bias bowl because you are just trying to get a bowl in the head. If you're playing back end, you need a wide bias bowl because you need to get around things.

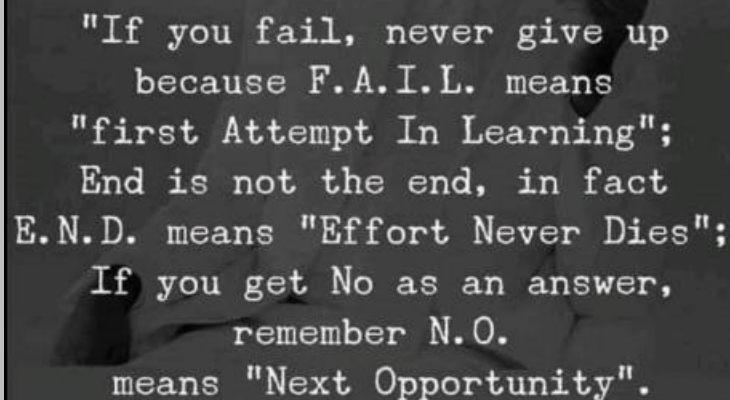
Is this true?

Ask anyone . . . and they'll tell you.

But, really, its just a matter of opinion – your own bias about the bowls bias.

When choosing the right bowl for you, try different bowls with different biases and see how they roll and where they land. If you don't like their hook at the end, or you prefer a straighter bowl . . . then switch.

Luckily, at the RLBC, we have many different sizes and biases for you to try. Why not try a few and see if your bias changes?



"If you fail, never give up  
because F.A.I.L. means  
"first Attempt In Learning";  
End is not the end, in fact  
E.N.D. means "Effort Never Dies";  
If you get No as an answer,  
remember N.O.  
means "Next Opportunity".

*What would you get if you crossed a lawn bowler with the Invisible Man?*

*Bowling like no one has ever seen!*

## July Provincial Playdowns Held in Regina

Men's & Women's  
Indoor Singles

July 8 – 9

Regina Lawn Bowling Club  
Registration Date: July 3

Men's & Women's  
Senior Triples  
\*Age Restriction

July 14 – 16

Regina Lawn Bowling Club  
Registration Date: July 10

### PROVINCIAL PLAYERS HAVE TO EAT TOO!



Thank you so much to John, Judy and Karen for organizing the lunch for the Provincial Playdowns – Men's & Women's 4s event. DEEElicious! The bun-wiches and salads were so tasty, the coffee was brewin' and the cold be vies were plentiful.

There will be lunch served on Saturday, July 8 for the Men's & Women's Indoor Singles and on Saturday, July 15 for the Men's and Women's Senior Triples Provincial Playdowns.

If you are interested in purchasing a meal, please let us know.

You can pay early or you can pay Saturday morning . . . your choice. However, if you want to purchase a meal, it would be awesome if you let us know by Friday noon of the competition. Contact Judy –

[ginlinjin@hotmail.com](mailto:ginlinjin@hotmail.com)

***WE WERE GOING TO MAKE A TOM CRUISE THEMED RESTAURANT,  
BUT DECIDED AGAINST IT. IT WOULD BE RISKY BUSINESS.***

**LUNCH COST:            \$10**

*What do you call an angry carrot?  
A steamed vegetable!*

# Coach's Corner - The Perfect T



Making tea isn't hard, but waiting for the kettle to boil sure is TEA-dious.

*You're my best-TEA*

No, No, silly. We meant . . . . T to T on the Greens. Not Green Tea. Geez!

Place your mat on the T (about 2 meters from the edge of the ditch) and roll the jack to the T at the other end of the rink (about 2 meters from the edge of the ditch). This is the maximum length jack in a game. Not everyone can roll their bowls T to T – so it might be a good strategy for you, IF YOU are able to roll your bowls T to T. Try it in practice one day or at the guaranteed draw – it's not as easy as it seems.

In the meantime, enjoy a complimentary cuppa tea - plenty of different kinds of tea in our clubhouse, on our Tea & Coffee Cart.

## Garage Sale

The RLBC is working with the City of Regina and various contractors in order to get the Garage package purchased and the cement pad poured. Of course, we need to make sure we have the power lines marked and stuff like that. It's happening, guys! It's happening!



*Heard they were having a garage sale, so we bought one.*



## COMPLIMENTARY COFFEE & TEA

Don't forget to help yourself to a cuppa tea or coffee or hot chocolate from our coffee station or our Keurig coffee maker located on the upper level of the clubhouse. This is brought to you by the RLBC. Socializing is a key part of belonging to the Regina Lawn Bowling Club. It is important to us that there is an opportunity for all members to socialize before, during or after a game. Or, a place when our members can meet for coffee and chat.

Please help yourself. You can make a pot of coffee with the coffee pot on the coffee cart, or, you can make an individual cup with the Keurig which is situated in the Kitchen. We also have a variety of black and herbal teas, and hot chocolate.

Help yourself! Enjoy!

*What's it called when you steal someone's coffee?  
A mugging!*

***IF AT FIRST YOU DON'T SUCCEED, CHAI, CHAI AGAIN!***

***WHY DID THE COFFEE TASTE LIKE DIRT? IT WAS JUST GROUND THIS MORNING!***



## SMILE . . . YOU'RE ON CANDID CAMERA



*Somewhere along the line . . . they simply lost focus.*

If you happen to have your camera or your cell phone out and about, and see a picture that is worth a thousand words – snap it! Send all your pictures to us, and we can upload them onto our website or share them in the newsletter or on our Facebook page. [Rlbc.sk@outlook.com](mailto:Rlbc.sk@outlook.com)

### **The Backboards Got Hammered (and it has nothing to do with our yearly liquor licence)**

The Backboard's Team will be busy hammering, sawing, pounding, measuring, and cutting the new backboards for Green A. As soon as B Cubed finishes and just before the 2023 Canadian Youth Championships start, the Green A backboards will be completed. Or maybe not. Maybe they'll wait until the Fall. Who knows?

The Backboard's Boys – Doug Normand, Mark Sutyla, Scott Watson, Keith Roney and Brandon Watson – have been working all winter and spring to find the right solution. By George, I think they've got it!

## Laundry Lady

Thank you to Jean Roney who has been working overtime keeping bowls towels and tupperware lids laundered. Oh, and tea towels too. Jean is one of our many volunteers who help keep the RLBC in tip-top shape!

IF YOU LOSE A SOCK IN  
THE DRYER. IT RETURNS  
AS A TUPPERWARE  
LID THAT DOESN'T  
FIT ANY CONTAINERS

## KAREN'S KLUB KEEPING

Many thanks to all the volunteers who help to keep the RLBC clubhouse neat, clean and tidy.

If you would like to take a turn at housekeeping, please let Karen know.

RLBC.SK@OUTLOOK.COM



**Me . . . .** when I find out there is music at the club and I didn't have to bring my own.

Remember Brandon's Boom Box – different genres available. Just flick the light switch, choose your music, and enjoy rolling bowls while listening to some tunes.



With all the youth athletes coming to Regina to compete in the 2023 Canadian Youth Championships, perhaps we should dig out this golden oldie to add to Brandon's Boom box – to welcome the youth competitors, their coaches, and families to Saskatchewan.

<https://www.google.com/search?client=opera&q=jim+roberts+sings+saskatchewan&sourceid=opera&ie=UTF-8&oe=UTF-8#fpstate=ive&vld=cid:9974bbf7,vid:0yvbC8RCb2o>

## Coach's Corner

You don't know concentration until you have to carry this thing from the sink to the freezer



As we learned in a previous edition of the *Between Bowls Newsletter* . . . keeping your concentration is a key skill in lawn bowls. It's a game that can last several hours and a drop in concentration can cost the game. Here are 5 Ways to Improve Concentration in Lawn Bowls:

1. Focus on the shot – not on the score.
2. Take your mind off the game when you can.
3. Trust the process.
4. Practice visualization.
5. Have a routine.

## Air Conditioned Club House

The air conditioner at the clubhouse is working overtime during the summer heat. In order to help to keep things cool, please keep the doors to the clubhouse closed. Also, the portable air conditioner is set up in the lower level and now we can keep the entire clubhouse cool. Thank you so much.

***Someone at the club keeps turning off the air conditioning.  
Not cool!***

## THE GRASS NEEDS A CUT

Once a week, a group of great members get together and cut the grass around the perimeter of the greens. We have a great crew for week 1, a super crew for week 2, and an awesome crew for week 3. We are looking for 2 more individuals to be the amazing crew for week 4. Working in pairs, and using the riding mower, the push mower and the weed-wacker, your job is to cut the grass. The crews usually cut grass on Friday mornings. But, for those members who are unavailable on Friday mornings, we can accommodate. You could cut grass in the evening or on the weekend. We can make anything work (well, just about anything). If you are interested in helping out . . . please email us [doug.normand@sasktel.net](mailto:doug.normand@sasktel.net).



***How does grass protect itself from the sun?  
It wears sun-grass-es***

## B CUBED NEWS

So much great stuff is happening at B Cubed.

Come on down the first 3 Thursday's in July and enjoy a hot dog or two, a cool beverage, and a roll up on Green D.

On the last B Cubed evening, July 20, the winner of the Ripplinger Booze Basket will be drawn and the winning teams will be announced. We have some fabulous prizes to give away, but the most prestigious is that the team's name will be engraved on the prestigious B Cubed Cup!



See you at the club!

## B CUBED HOT DOG BAR NOW SERVING . . . .



### Hot Dog Candy Canes

Yum Yum

**Hot Dog Flavoured Candy Canes** – at the B Cubed Hot dog Bar? Say what now? Hot Dog Candy Canes are only \$3.00 each, or 2 for \$5.00. What a deal.

Come on down to the RLBC and enjoy a hot dog or two, barbequed perfectly, and choose your favorite condiments from the Hot Dog Bar.

### Hot Dog Bar Condiments

We'll "**KETCHUP**" with you later.

I "**RELISH**" the hot dogs.

You're not coming to B Cubed? ~~ You "**MUST**"ARD be kidding!

I saw an "**ONION**" ring. So I answered it.

What's a **PICKLE**'s favorite TV show? **DILL** or no **DILL**!

***What kind of shoes do spies wear? Sneakers!***

Did you ever wonder the following. I have been practicing for days prior to the important competition – provincials or nationals – wearing these shoes. Now, I line up for bowl and shoe inspection, and my shoes don't pass. How is this possible? How come my shoes were good enough before, but not now?

Well, we asked a national umpire and here's what we were told.

***A friend of mine is an expert in making clown shoes. It's no small feat!***

Shoes that are not flat can pick up gravel from the parking lot because not all bowlers put their playing shoes on just before they step on the greens. This gravel or debris can change the green and cause a bowl to roll funny. The Host Clubs for Canadian Championships (and the host club for Provincial Playdowns) are supposed to provide top notch greens for competition. The players expect it! So, there can't be pebbles or debris on the greens from your shoes that might have deep grooves – even though you wore them previously on the same greens in which you are not competing. Practicing on the greens (and tracking debris onto the greens) is one thing . . . Actual competition is another. Make sense? Well, this is what head umpires told us so . . . yeah.

***I've run a shoe repair shop with my friend for years. He's my sole mate!!***

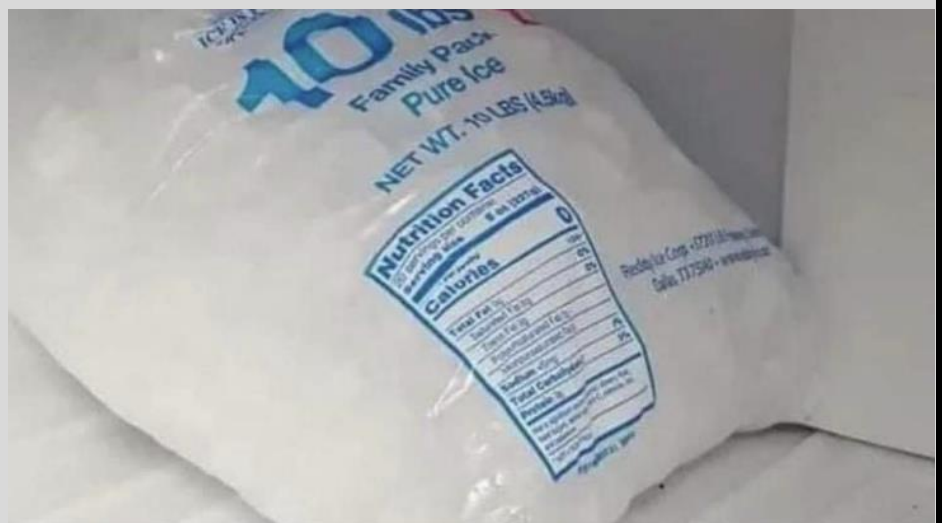
If you are going to a national event, and you are concerned that you shoes may not pass inspection, you can send a picture to Bowls Canada for pre-approval – or – you can ask one of the umpires when you arrive at your destination.

**BOWLS CANADA – SHOE INSPECTION REPORTS**

[HTTPS://BOWLSCANADA.COM/EN/PROGRAMS-RESOURCES/COMPETITION-RESOURCES/SHOE-INSPECTION-REPORTS/](https://bowlscanada.com/en/programs-resources/competition-resources/shoe-inspection-reports/)

**WATER WATER EVERY WHERE . . . . . NEVER A DROP TO DRINK**

You know water is important when a bag of ice has a nutrition facts label. In the Saskatchewan summer heat, drinking enough water is essential. Always bring your water bottle when bowling, and try to finish the bottle of water by the end of the game. Then refill it. If you forgot your water bottle, you can purchase ice cold bottled water from the RLBC - \$1.00 per bottle.



*H<sub>2</sub>O IS WATER, BUT WHAT IS H<sub>2</sub>O<sub>4</sub>? IT'S FOR SWIMMING AND DRINKING, OF COURSE!*



## DID SOMEONE SAY . . . DOUBLE DOUBLE?

RIDING YOUR BIKE TO THE GREENS FOR A GAME OR A PRACTICE GIVES YOU DOUBLE THE AMOUNT OF EXERCISE AND DOUBLE THE AMOUNT OF FUN.

MANY THANKS TO KEVIN FOR THE AWESOME BIKE RACK.

THE B CUBED PLAYERS ARE LOVIN' IT! SO ARE OUR MEMBERS!

*HOW DID THE BARBER WIN THE BIKE RACE?  
HE TOOK A SHORT CUT*



## DOUG'S GARDEN CENTER

**DON'T TELL SECRETS  
IN THE GARDEN.  
THE POTATOES HAVE  
EYES, THE CORN  
HAS EARS, AND THE  
BEANSTALK**

It is no secret – Doug's Garden Center is the prettiest in Regina.

Have you found all the hidden messages?

If the plants look thirsty – please give them a drink.

If you see a weed or two, please pull them out.

**SPEAKING OF SECRETS . . . SEVERAL MEMBERS HAVE OVERHEARD GUESTS, LEAGUE MEMBERS AND B CUBED MEMBERS REMARK ABOUT THE BEAUTIFUL FRONT GATE ENTRANCE. THAT'S ALL DOUG – THANK U!**

*Doug stood in the flower garden early this morning wondering where the sun had gone. Then it dawned on him.*

I'm a little Ditchy . . . looking for members who would like to spend some time clearing weeds, seeds and leaves from the greens ditches. If you are interested, please contact Doug – [doug.normand@sasktel.net](mailto:doug.normand@sasktel.net).

*I used to make loads of money clearing leaves from the ditches. I was raking in it.*



**A SQUEEGEEING WE WILL GO  
A SQUEEGEEING WE WILL GO  
HI HO THE DARRY-OH  
A SQUEEGEEING WE WILL GO**

**Thanks to our Volunteers who worked tirelessly squeegeeing and pumping the water off all 4 greens which were heavily flooded with the torrential rains the night before National Bowls Day.**

**BRANDON WATSON  
CARTER WATSON  
DARREN GRESS  
DOUG NORMAND  
JIM GARES  
LIZ LEDINGHAM**

## National Bowls Day Saturday, June 3

So National Bowls Day was very different this year. The greens were flooded – all 4 greens – so the volunteers decided to make a swimming pond, gets poodle noodles, and have some fun. No, we didn't. Just jokes. But we improvised and made National Bowls Day a huge success!

We had several members of the community stop by to try bowls. Well, that wasn't going to happen, but we were able to show them how the game was played by having bowls competitions playing on the TV in the upper level. Volunteers were able to describe the game – sort of like a play by play commentary, only better – and the guests were impressed. Some even pulled up a chair and watched for quite a while as they enjoyed a cuppa coffee and cookie. And then, some purchased a 6-49+ punch card, others purchased a membership and one signed up for coaching lessons! That's what we call – SUCCESS!

We had a draw for a fabulous prize. The winner has been contacted!

Thanks to the volunteers who helped with National Bowls Day:

**Janet Watson  
Jordan Kos  
Judy Whiting  
Liz Ledingham  
Lois Kos**

**Brandon Watson  
Carter Watson  
Darren Gress  
Doug Normand  
Jim Gares**

## Scheduled Draws

The Guaranteed Draws in June were pretty darn successful. Several members came out to have a game of bowls on Magic Mondays, Terrific Tuesdays and Wacky Wednesday. It was great to fill the greens and have a roll up. Some members stayed afterward and enjoyed a cold beer on the deck. We are going to offer Scheduled Draws in July. New times!

**Mondays at 1**

**Tuesdays at 7**

**Wednesdays at 10**

## Bowl Me Over

The Bowl Me Over League started on Monday, June 12 with 11 teams entered in the league. There were teams of 4 and teams of 3 – but each team could only roll 12 bowls in total. So they had to count bowls. After 12 ends, many bowlers enjoyed an alcoholic beverage and social time. We don't keep stats in the Bowl Me Over League because it's a social league and it's all about the fun. **The second session starts at the end of July. If you want to enter, let us know. You need a team of 3 or 4. If you can't find a team, let us know and we might be able to find a team for you.**





# Brewin' with the Board

- ☀ 285 Members joined the RLBC so far.
- ☀ Co-op Community Spaces Grant was a 'no-go'.
- ☀ Backboard replacement is going to be costly! Yikes!
- ☀ Tossing Coins for Sale - \$5.00 each.
- ☀ We need a Financial Reviewer to look at our finances. Do you know of someone?
- ☀ Lawn Summer Nights – July 22 from 3:00pm – 8:00pm.
- ☀ Bowl Me Over League – 11 teams for the 1<sup>st</sup> session; at least 14 teams for the second session.
- ☀ National Bowls Day – 12 individuals attended. Some purchased 6-49+ punch cards. Some took lessons. The National Bowls Day raffle prize was won by Liz's Dad.
- ☀ Discussions about the 2024 Canadian Championships next year.
- ☀ The yearly liquor licence seems to be profitable with members and corporate groups utilizing the service.
- ☀ Looking for new locks and keys for the facility.



Good morning,  
Regina Lawn  
Bowling Club,  
Liz Speaking

## 1 Ringy Dingy ~ 2 Ringy Dingy

The new phone arrived last month. The new primary phone is on the counter in the locker area and the new secondary phone is on the filing cabinet behind the Office Manager's desk. If the phone rings, and Liz isn't around, please answer the phone and take a message.

*Why did the elf turn his phone to silent?  
He was bored of the rings.*

***Left my cell phone under my pillow last night and when I woke up, the phone was gone and there was a loonie there.***

***I think it was the Bluetooth Fairy.***

# RUBBER DUCKY

## YOU'RE THE ONE!

Annie  
Annie

Annie

Annie

Annie  
Annie



**QUACK HEAD**

**WHY CAN'T DUCKS READ DIRECTIONS?  
THEY PREFER TO WING IT**



**Donald Duck**

What's a duck's favorite snack on the snack-snack cart?  
A Nutquacker!



**Daffy Duck**

What grip do Ducks use on their bowls?  
Quack-a-jack



**Daisy Duck**

What time does a duck greenskeeper wake up?  
At the quack of dawn

So, as the story goes . . . one of our bowlers was practicing on Green B, you know, getting ready for provincial playdowns and all while an employee was verticutting the greens. All of a sudden, a tiny little "quack-quack" was heard coming from over there. As any kind person would do, they headed toward the quacking noise and found the cuttest little baby ducky all alone, looking for Mommy. Carefully, they put the baby ducky in a yellow (fitting color, right?) pail and brought the baby ducky inside the clubhouse. The President, in true Presidential form, took charge of the situation and found a lovely home where baby duckies go until they are big enough to head off to college. So our two summer students drove off with "Annie" headed for the ducky dorms.



Thank you, Anita, Doug, Raechel, Liz, and John and everyone who assisted in baby ducky Annie's rescue.

## CAN TABS 4 CHARITY

AL HASTINGS



Al made this beautiful wooden box to collect the tabs from cans of alcoholic and non-alcoholic beverages. Before you recycle your cans, please remove the tab and drop it through the hole. Al will collect the tabs periodically. What charity? SARS. Ask Al all about it.

### The 3 R's ~ Reduce ~ Reuse ~ Recycle

We practice the 3 Rs at the RLBC! And we're doing a good job, too.

Thank you to Bo for taking the plastic water bottles, pop and aluminum cans to Sarcan weekly. This has proven to be an excellent source of revenue for the club.

Thank you to Karen and Pat who take the paper and cardboard items home with them to recycle. Saving a tree, one cardboard at a time.

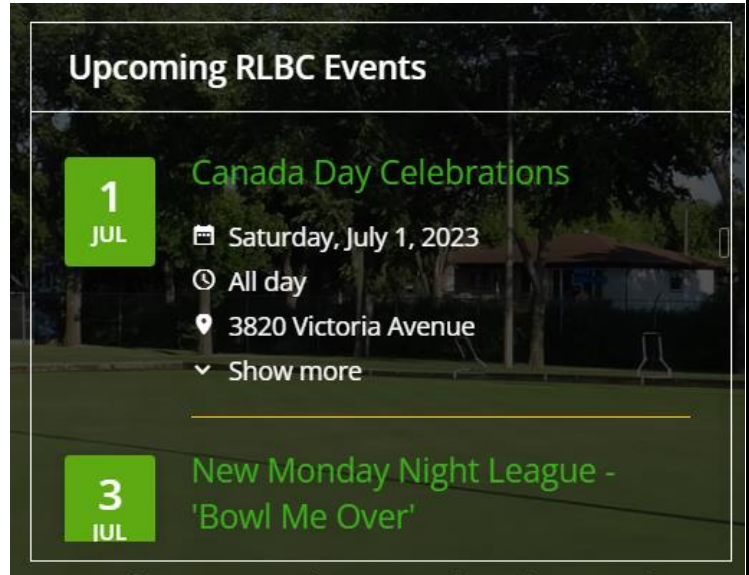
**WHEN YOU BUILD A BIKE WITH OLD PARTS . . . IS IT CALLED RECYCLING?**



## What's The Haps?

Load up your favorite search engine on your computer or on your cell phone or on your iPad ~~ then go to the RLBC website.

On the home page, you'll see all the events planned for the rest of the bowls season. Check the '**Upcoming RLBC Events**' calendar often – events are added all the time.



The screenshot shows a section titled "Upcoming RLBC Events" with a dark background. The first event is "Canada Day Celebrations" on Saturday, July 1, 2023, from 12:00 PM to 11:00 PM at 3820 Victoria Avenue. The second event is "New Monday Night League - 'Bowl Me Over'" on Monday, July 3, 2023, from 7:00 PM to 10:00 PM at 3820 Victoria Avenue. A "Show more" link is visible below the second event.

**[WWW.REGINALAWNBOWLINGCLUB.CA](http://WWW.REGINALAWNBOWLINGCLUB.CA)**

*How do trees get on the internet? They 'log'-in!*

*Last Sunday, we had an internet service interruption for a few hours. The kids came out of their rooms. We talked a lot. They seem nice.*

## Bowl Me Over League

The Bowl Me Over League is well underway. We have 11 teams playing for the first half of the season and we will be accepting registrations for teams for the last half of the season. If you are interested in registering . . . or if you know of a team who might be interested, just let us know. We'll get the team all signed up and ready to start the second half.

Teams of 3 or 4 players. If you are a single player or a couple, let us know and we'll see if we can match you up with a team.

Cost is \$100.00 per player for League Associate Members. Regular Members play free of charge! The second half runs July 31 – September 11.



Email us: [rlbc.sk@outlook.com](mailto:rlbc.sk@outlook.com)

**CONGRATULATIONS TO THE REGINA WINNERS WHO WILL BE REPRESENTING SASKATCHEWAN AT THE CANADIAN CHAMPIONSHIPS**

*Jean*

*Carter*

*SKIP'S MOTTO: WHEN IN DOUBT . . . MUMBLE*



*THE WOMEN'S PAIRS TEAM LAUGH ABOUT HOW COMPETITIVE THEY ARE.*

*BUT THE SKIP LAUGHS MORE.*



*Jon*

*Madeline*

*Keith*

*Harriette*



*Brandon*

*Murray*

*Jordan*

*Isabelle*

*Karen*

*Heather*

**They say that nobody is perfect. Then they tell you that practice makes perfect. I wish they'd make up their minds! WILT CHAMBERLAIN**

# THANK YOU SOOOOOO MUCH

Thank you to Michael and Shubhra for umpiring the Men's & Women's Fours Provincial Playdowns held at the Regina Lawn Bowling Club. Shubhra and Michael arrived early, got all the umpire things done quickly so that the players could start their games on time. They handled all the tricky shot measures and jack measures.

Thanks to Doug for being the draw master!

Thanks to Judy, John and Karen for organizing the lunch so that the players could grab a bite and head back to the greens. Thanks to Watson Cabs for driving our injured kitchen personnel to the ER for stitches. Geez – what our volunteers won't do to get out of a bit of kitchen duty!



Thanks to . . . . all the volunteers who helped clean the clubhouse on Friday so that it was spic and span for the players; to the grass cutting crew who helped make the greens look so lush and well manicured; to the volunteers who brought out cold water for the players so that they didn't

have to run inside to fill their water bottle; to the kitchen crew who got the coffee going in the morning and made sure the cold beverages and the cookies were set out for the athletes and guests; to the bartenders who opened the bar after the final game; to the air conditioning team who set up the portable air conditioner in the lower level – cool!; and to all the spectators who arrived at the RLBC and cheered on Team Regina!

It was a very successful weekend in Regina! Thank you!

# EVERYTHING YOU WANTED TO KNOW ABOUT THE 2023 CANADIAN YOUTH CHAMPIONSHIPS BUT WERE AFRAID TO ASK

**Date:** July 26, 2023 – July 30, 2023. However, we know that some youth will be arriving sooner – probably a day or two sooner. Introduce yourself and say “Hi” if you see them.

**Hotel:** Ramada Plaza by Wyndham – 1818 Victoria Avenue.

**Transportation:** First Student Canada. Thanks to Doug’s connections, we have great transportation for our athletes, coaches and BCB staff. The bus runs from the host hotel to the RLBC in the morning and makes a return trip from the RLBC to the host hotel at night. Honk! Honk!



**Live Streaming:** Watch all the fantastic games live streams, or, wait until they are uploaded onto the BCB website and watch at your convenience. Okay, okay, probably only the finals will be live streamed, but still . . . .

**Program:** Jordan and Lois will have the Souvenir Program typeset and printed and ready for each competitor to take home as a souvenir of their time spent in Regina, at the 2023 Canadian Youth Championships. Special messages to the competitors were included by our Provincial and City dignitaries. There might be a few extras around if you want one.

**Umpires** Thank you to the crew of umpires who will be on hand to measure shot bowls, determine short jacks, and all of the other things. Now, if we can just get through bowl and shoe inspection . . . we’ll be rollin’.

**Official Scorer:** Our Official Scorer is Anita. You’ll find Anita hard at work in the upper level of the club house, crunching numbers and updating scores. The office computer and printer will be working overtime! This is a huge job – thanks Anita! *What does a baby computer call his father? Data! Aw, cute.*

**Greeters:** A friendly face and an encouraging smile is all our guests need to feel at home at the Regina Lawn Bowling Club. Thanks to Laura McNish for showcasing our members and volunteers!

## OPENING AND CLOSING CEREMONIES

David Calam was tasked with organizing the opening and closing ceremonies and Heather Hanoski volunteered to coordinate with the First Nations University to invite an Elder to our Opening Ceremonies and to organize the Pizza Party Windup. These were big jobs. Here's an update on their progress so far.

We had a sneak peak at David's opening remarks. They went like this . . . "*We all have something in common . . . . You don't know what I'm going to say . . . . and neither do I*". Of course, most attending this event would automatically think that the punch line would be . . . "*bowls*". So the committee asked David to re-think his opening remarks and he came back with this: "*I've always heard the secret to a good speech was to start with something of specific interest to the audience. O.K. All of your cars have been stolen.*" While this is a real knee-slapper, we had to remind David that most of the athletes will have taken the bus to the venue, and some competitors wouldn't even have a driver's licence. So, it was back to the 'drawing board. Finally, the committee sat down with David and had a "few words" . . . and now we think David's right on track! So you won't want to miss David's opening and closing remarks. David also managed to line up a few dignitaries, aka local celebrities, who will bring greetings on behalf of the City and the Province. This is going to be an awesome opening ceremony.

Meanwhile Heather has been busy contacting an Elder who can come to the Opening Ceremonies. We may read the land acknowledgement statement instead.

Closing ceremonies are going to really rock and 'roll'. Some lucky winners are going to receive some great prizes. The Male and Female U18 winners will be awarded a gift certificate for a set of bowls – each (not to share) – compliments of MVP Sports. The Female and Male U25 winners will represent Canada on the International Stage as they attend the World Youth Championship later on this year.

Heather is busy organizing a Pizza Party Windup, compliments of MVP Sports. Oh where to order the pizza and oh what topping would the athletes enjoy? Decisions. Decisions. Could not end this article without a "*cheesy*" pizza joke. You know . . . something really '*saucy*'. Here goes.

*What's a pizza maker's favorite song?  
"Slice, Slice, Baby."*

Now, get out there and cheese the day!  
See you on the Greens!

## On the Move

*Why is Instant Coffee so rude? Because it has no filter.*

The Keurig coffee machine has been moved. It relocated from the west side of the kitchen sink to the east side of the kitchen sink – a little handier and a little more convenient! Especially for our guests! Please help yourself to a cuppa any time, compliments of the RLBC Board.



*Every morning, I finish my coffee and then walk over to the IT guy and tell him I just installed java!*



## THE MARKERS

Most of you probably thought that Mark Sutula would be a great leader in this category, because of his name – Mark – and all. But nope. Janet Watson took on this task.



Actually, Janet was a little duped. She thought she was in charge of purchasing scented, washable markers to update the white board each day. Imagine her surprise when she found out that the actual job involved getting volunteers to mark all the Singles games at the 2023 Canadian Youth Championships.

Well, Janet is never one to shy away from a challenge, so she reached out to our great RLBC members and several stepped forward and volunteered to mark the games.

*Janet likes the **markers** that write thinner because they're easier to draw with. She makes a 'fine point'.*

Next step was to order enough spray chalk for each marker. Janet is anticipating a lot of touchers during the tournament.

Finally, Janet has to prepare all the official score cards once Bowls Canada Boulingrin releases the draw. This is where a good set of scented markers would have come in handy, with each participant assigned a specific color or something. But . . . we digress. One can only assume that Janet will be busy preparing score cards for the next few days.

Now, the next question . . . do we have enough pencils?

## Tossing Coins

We purchased some fabulous Tossing Coins for the 2023 Canadian Youth Championships and we have a few left. If you are interested in purchasing a tossing coin, please see Doug Normand. They cost \$5.00 each.

***DID YOU HEAR ABOUT THE GUY WHO SWALLOWED A COIN?  
THERE'S NO CHANGE YET!***

## Score!

Anita is our official scorekeeper for the 2023 Canadian Youth Championships. Once games are completed, athletes will find Anita and hand in their score card. Then, the magic happens. Once Anita enters all the data, the updated scores and athlete standings will magically appear on the Bowls Canada Website.

*What was the score between the ocean and the beach? Tide*



# Bowls Storage

When the Youth National bowlers are in Regina for the 2023 Canadian Youth National Championships, the athletes may choose to leave their bowls at the RLBC instead of bringing them back and forth every day. So, if you happen to see extra bowls in the upper or lower level, they will likely belong to our out-of-town guests.

*What was the first form of digital storage?  
Gloves!*

Hey I'm shopping for food for the 2023 Canadian Youth Championships

## WHERE EVERY FLAVOR TELLS A STORY



*Judy sent John to the store to pick up some last minute items for the 2023 Canadian Youth Championship Menu.*

*Judy said, "Can you buy a loaf of bread, and if they have avocados get six". An hour later, John returned with six loaves of bread and said, "They had avocados".*

Spectators can purchase a meal package and enjoy the culinary delights of Judy and John. Meals cost \$20.00 / day, which includes morning snacks, a delicious lunch, and afternoon treats.

Of course, all the coffee, tea, iced tea, lemonade, and ice cold water are included. If you plan to purchase a meal – either daily or the entire meal package - Judy and John would love to know in advance. You could let Judy and John know by emailing – [ginlinjin@hotmail.com](mailto:ginlinjin@hotmail.com).



**Here's how you can help.** We need a few volunteers to help with lunch prep – you know, like chopping veggies, plating food, serving food – that kind of stuff. If you are available, please contact Judy – [ginlinjin@hotmail.com](mailto:ginlinjin@hotmail.com).



## Mission Impossible

We are looking for volunteers to help with kitchen cleanup during the 2023 Canadian Youth Championships. Your duties, should you decide to accept them, are:

- WASH DISHES THAT WERE USED DURING LUNCH PREP.
- DRY DISHES THAT HAVE BEEN WASHED.
- RINSE THE COFFEE POT, WATER JUGS, JUICE JUGS.
- RE-FILL THE WATER JUGS, ICE TEA JUGS AND LEMONADE JUGS.
- WIPE THE COUNTERTOP AND STOVE.

If you can help out one day or two or three (July 26 – 30), please contact Judy – [ginlinjin@hotmail.com](mailto:ginlinjin@hotmail.com)

**THIS MESSAGE WILL SELF DESTRUCT IN 30 SECONDS.**

***I am from the future and I can tell the score of the first 2023 Canadian Youth National's game before it even starts.***

***0 - 0***

## GREENS

Darren and Raechel have been prepping all year for this moment. The greens are in the best shape they have been and they are rolling awesome.

Mark has his green's set up volunteers ready to go. They all had a thorough lesson about how to set up a rink. This involved getting out the Mats and Jacks.

*What did the coffee say to the green tea? Sorry, I'm latte.*

Hope Mark's team aren't latte getting to the greens - this crew is the first to arrive in the morning and the last to leave at night.

Huge THANK U to Mark and this team of Green-setters.



## Quick – Call EMP

Mark and Lois have the Emergency Measures Plan all worked out for the 2023 Canadian Youth Championships. Well, Mark devised the plan and Lois typed it out. So, yeah, it was team work.

Mark even determined a muster meeting point, which we think is outside the fence somewhere.

*I wrote down 'coffee' as my emergency contact at work.*



And Mark has gathered a group of officials to determine things such as game postponement due to thunder storms, what to do if we get a good heat wave, which set of stairs to grab in case of a fire and other stuff like that.

Want a copy? Just ask.



## 2023 Canadian Youth Championships Hotel Accommodations

Sufficient rooms have been secured and blocked off at the Ramada Hotel on Victoria Avenue for our youth competitors and their families and their coaches. The Bowls Canada Boulingrin personnel will be staying there as well as all the umpires and other officials.

We thank the Ramada for providing excellent quality rooms for a very good price. They even threw in breakfast – well, they didn't actually throw the breakfast into the rooms – they served breakfast for free. Sheesh!

*Arrived at the hotel and said I was there for the Twitter conference. Concierge said, "Follow Me".*

There's a nice pool, laundry room, and hospitality room ready for the youth to enjoy as they wind down after a grueling day of bowls at the RLBC.





## Medical Team for the 2023 Canadian Youth Championships

John Whiting is our go-to medic for the 2023 Canadian Youth Championships. With a refresher St. John's Ambulance Course recently obtained and a hand full of Band-Aids – John is ready for anything. John also told us that he will have 9-1-1 on speed dial. So no worries.

John is practicing his 'doctor' lines – just in case he needs them. What do you think of these?

*Just got myself a first aid kit. Thought I'd treat myself.*

*We had some other funny jokes, but we thought they'd keep you in stitches.*



**ME** . . . . WHEN I FIND OUT YOU  
HAVEN'T REGISTERED FOR YOUTH  
CHAMPTIONSHIPS YET!

COME ON . . . .

JULY 26 – 30

REGINA LAWN BOWLING CLUB

GET YOUR ROLL-ON!

**The Fans!**  
**The Spectators!**  
**The Cheering Section!**

Don't miss a single minute of the Youth National singles in Regina. Women's U18 singles. Men's U18 singles. Women's U25 singles. Men's U25 singles. Then, of course, there is the fun pairs competition – a team sport that many of the youth have never played before.

Come on down . . . cheer for your favorite province and players . . . or just cheer for good bowls.



*What caused the stadium to be so hot? All the fans left!*

## MVP Sports and the 2023 Canadian Youth Championships

Sarah van Steijn is the Canadian Rep for MVP Sports. Sarah will be at the Regina Lawn Bowling Club representing MVP Sports and Sarah will have a table set up selling Taylor products. In conversations with Sarah, she has advised that if you want her to bring something specific, let her know and she will make sure it's available. Below is a price list of items – she won't be bringing them all so if you want something specific, please contact Sarah.

**Sarah Van Steijn | 905-342-3061 (h) | 905-396-6951 (C) | sarahsellsbowls@hotmail.com**



## 2023 Price List

Prices Include All Taxes!

Dan & Brenda Milligan  
2703 Division St. North  
Cobourg Ontario K9A 0M9

Website → Shop Online • Videos • Coaching • Podcasts • Blog •

### Bowls

Item #	Description	Retail
121c	Blaze Colour	730
131	ACE Black **	650
131c	ACE Colour	730
135	Legacy SL Black	575
133	International Black **	650
141c	International Colour	730
151	Vector V5 Black	650
461	Outdoor Jacks White/Yellow	22
461H	Indoor Heavy Jack	40
501c	Carpet Bowls 8 Br + 8 Blk	1,150
501J	Junior ACE Colour	420
** PreSeason Special until April 15th		
	In stock Black Ace & Int'l	600

### Bags

Item #	Description	Retail
338	Double Decker Sports Bag	65
375	Compact Trolley Bag	165
381	Mini Sports Bag	90
395	Four Bowl Sling	30

**- Portable Carpets -**  
MVP Sports  
Sole Canadian Distributor for  
**Verdemat Portable Surfaces, England,**  
manufacturers of the #1 rated Verdemat  
30' and 45' carpets.  
**Don't settle for less than the best!**  
Call/email for a quote and availability.

### MVP Sports

Proud Sponsor of the  
Canadian Junior  
Championships  
& Canada's  
National Bowls Day!

### Don't Miss This!

**Over 2000  
in use  
Worldwide!  
Ubi\_Launcher®  
Only \$80**



Includes expandable pole!

**Sanctioned for  
play in Canada,  
England and  
Scotland!**

**Taylor Bowls (Scotland)  
is the MVP Sports UK/  
European distributor  
for the Ubi\_Launcher®.**

### Measures/Sundry

Item #	Description	Retail
430	Bowl & Jack Lifter	38
436r	Rubber Wedge (1)	9
442	11' Measure Red, Blue, Black	49
444	Label Packs – 4/pack	7
457	GripDri Cloth	19
473	Delivery Mats - Ubi_Mats	50
477s	Squirty Spray Chalk	14
480	Scorecard Holder – Foldover	18
491s	Crack-A-Jack Reg. \$7.50	5
800	Ubi_Launcher®	80

### Clearance Items

Item #	Description	Retail
488	Grippit Stick (Wax & Polish)	<del>18</del> /14
500	Home Carpet Bowls/8	<del>120</del> /100
820	Club Towner Trolley (4 left!)	170
701	Flex-Dri Waterproof Jacket	<del>150</del> /125
712	ACE Sports Jacket	<del>100</del> /80
742	Sports Trousers	<del>70</del> /50
700	Rain Hat	<del>34</del> /25
771	Taylor Baseball Hat	<del>25</del> /15
772	Taylor Sun Hat	<del>21</del> /20
799	Caledonia Shirt	<del>50</del> /40

Shoes - limited supply check online  
Golf/Curling Items at Great Savings  
Available While Supplies Last

### - Shop at MVP in '23

#### Ordering Steps:

- View products → Select items → View cart → Place Enquiry
- We confirm availability & email you an invoice
- You make payment → We ship! Receive the same great service you've come to expect from MVP

### Are you looking to up your game?

- If you have – a bad grip – poor aim – inconsistent length
- If you don't know how you lost that 8 - ender
- Then you need to... **Book a time with "The Delivery Doctor"**



[mvp.sales@mvp sports.ca](mailto:mvp.sales@mvp sports.ca)

[mvp sports.ca](http://mvp sports.ca)

1.800.265.1687



Serving the Lawn Bowls Community since 1985!

## Youth Program



The Youth Program, aka the Junior Program, started last month. A great turnout of U18 bowlers were on hand (was that forehand or backhand?) to get some expert coaching from Mark Sutyla. If you know of someone between the ages of 8 and 18 who would love to bowl, please bring them down to the RLBC on Wednesday evenings starting at 6:30 pm.

*Why was Cinderella such a bad bowler?  
Her coach was a pumpkin!*

## Backyard Escapes Beer Gardens



### Bartenders

Brandon Watson

Carter Watson

Darrell Hanoski

Doug Normand

Heather Hanoski

Janet Watson

Jordan Kos

Judy Whiting

Lois Kos

Mark Sutyla

Scott Watson

We have a fully stocked bar fridge containing a wide variety of alcoholic beverages. District Brewing supplies us with an assortment of beer – non-alcoholic beer, light beer, dark beer and everything in between. We have red and white wine by the glass. We offer coolers and spritzers and fizzies in various flavours.

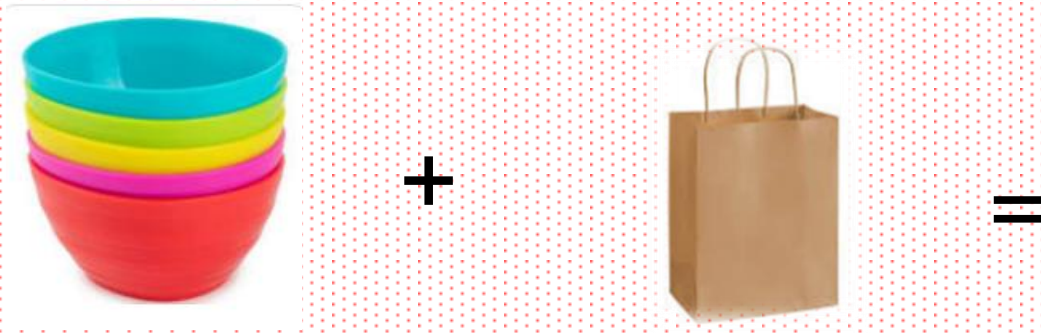
Find a bartender to unlock the fridge and unlock your taste buds – try something new!

All alcoholic beverages are \$5.00 for members, \$6.00 for non members. We don't have a debit or credit machine – cash only. Sorry, you can't run a tab!

In compliance with SGLA food stipulations, we are offering pizza pops which are located in the top drawer of the upright freezer. Pizza pops are \$3.00 and a bartender would be happy to prepare a gourmet pizza pop for you.



Can you decipher the code?



Thanx 2 our Super-Duper Sponsors!

Wingert Construction Ltd.

Backyard Escapes Decks & Landscaping

District Brewing Co.

Bowls Canada

Bowls Saskatchewan Inc.

City of Regina

D & R Roofing Inc.

Sterling Plumbing • Heating • Air • Conditioning

Tommy's Speakeatery

Ripplinger Financial Corp

Gopher Car Wash

Regina Pats

Dairy Queen

Water Boy Supply Centre

Cloverdale Paints