

BETWEEN BOWLS

Issue 36

<http://www.reginalawnbowlingclub.ca>

rlbc.sk@outlook.com

March 2023

Happy St. Paddy's Day! March 17



**I try to keep busy all year. In the summer
I make cookies, and in the fall and winter
I make toys in Santa's workshop.**

RLBC Membership Application

Final touches are being put on the 2023 Membership Application Form which will be uploaded to our website and sent out to our current membership within the next couple of months.

There are 2 areas that many members leave blank. But you shouldn't.

RLBC Board Minutes. If you would like to receive a copy of the monthly minutes – you have to check the box indicating YES. The default is NO, so if none of the boxes are checked, you won't receive the minutes.

Handbook. If you would like your information (Name, Address, Email Address, Phone Number) included in the Members Handbook, you need to check the box indicating YES. The default is NO.

Try Lawn Bowls

Everyone from Coast to Coast is trying Bowls. Why not bring your family and friends and introduce them to this popular sport. At the RLBC, we have a lot of great new initiatives happening. You won't want to miss any of them. Stay tuned for important dates.

Why Lawn Bowl???
Reason #1 It's FUN!!



RLBC Membership Application

On the bottom right hand corner of the 2023 Membership Application, there is a spot for members to indicate volunteer interests that you would like to help with. You might want to help with – catering or food prep, setting up greens, housekeeping, weeding, Youth program, cutting grass, painting, staining, decorating, group bookings, B Cubed, Lawn Summer Nights, sponsorship, the 2023 Canadian Youth Nationals or other things.

Jot down your interest. We keep a list and send your name to the person in charge of the activity you are interested in helping with. You can indicate more than one interest. We'll be in touch!

Bowls Bootcamp

**"IF YOU CAN'T BE
COACHED, IT'S HARD
TO GET BETTER."**

Mark's Mentoring Mondays ~ M³ & Calam's Coaching Clinics ~ C³

Register and join us for two exciting opportunities to just be better at bowls. Mark's Mentoring Mondays, also referred to as M³, will provide bowlers, at all skill levels, the opportunity to ask Mark and his team of coaches, questions about the game of bowls.

Questions might be very simple and straight forward. Other questions might be more difficult. Regardless Mark will help you out. Here are some sample questions that have already been submitted to Mark, since we announced this new initiative last month.

- Why is my skip calling for a back bowl? What good is a bowl way back there?
- When I deliver my bowl, I'm always narrow. How come?
- When my skip calls for a yard off . . . what the heck does that mean?
- Everyone comments about my pinkie . . . it's too high it's too low . . . it's just a pinkie – what's the big deal?
- I've been asked – palm or claw grip. What's the different and what should I use?
- I can't throw a jack . . . help!

David Calam will be running a coach's clinic this year. If you are interested in the coaching side of bowls, this will be an excellent way to introduce yourself to coaching. We always need good coaches in the sport of bowls.

Mark's Mentoring Mondays: June 12 & 16, starting at 7:00pm

Calam's Coaching Clinic To be announced

Snowman for sale needs repairs \$25



Thinking about repairs . . . the backboards on some of the greens really need some repairs. The Backboard Boys – Doug, Brandon, Keith, Mark, Scott – are meeting (probably as you are reading this) to determine the best solution to the backboards problem, when to start, and what company to employ. Let's wish them luck – it's a lot of money, a HUGE responsibility, and a long-term project.



It's Like Riding a Bicycle

We are super excited to announce that the RLBC will be installing a bike rack this season.

For those who have the 'peddle to the metal' you can ride your bike to the club, lock it up and feel safe and secure.

So, who's designing our rack?

Kevin W of course!

Thank you, Kevin

Isn't there some kind of an award for that?????

Have you ever looked at the Wall of Fame and the Wall of Plaques and all the Trophies and wondered how they came to be? Well, there is a story behind each one. You might be interested to know the history of some of the trophies.

The **MINTZ** trophy was created and presented yearly to the RLBC winning Mixed Fours team in the club tournament. The MINTZ trophy, which was retired in 1998, was donated by Sadie Mintz.

The **BLAXALL** trophy was awarded to the winning RLBC Novice Triples Team. Although we can't be certain about its history, sources say it could have been donated by Mr. George Fowler Blaxall. Mr. Blaxall was born in Kent, England in 1885 and passed away in Yorkton at the tender age of 106 years. His obituary stated that he had been a member of the Victoria Lawn Bowling Club in Regina as well as a member of the Regina Carpet Bowling League. The BLAXALL trophy was retired in 2000.

The **NEWIS** trophy was awarded to the RLBC's Ladies' Pairs team. Our historians claim that the trophy was probably donated by Mr. William Thomas Newis. Mr. Newis was a long-time member of the Regina Lawn Bowling Club and its orchestra. Yes, you read that right – RLBC had an orchestra! The NEWIS trophy was retired in 1999.

The **REG SETTER** trophy was awarded to the 70+ RLBC Seniors team every fall. The trophy was created and donated by long-time club member, Reg Setter and his wife, Vivian. The REG SETTER trophy was retired in 2014 and was replaced by the **DON DANTER** trophy, sponsored by RLBC Youth – Brandon Watson, Jordan Kos and Carter Watson.

Jack McKellar donated the **MCKELLAR** trophy which was awarded to the RLBC Club Singles Champ. Mr. McKellar won 7 club championships. This trophy was retired in 1991.

The **DEWALD** plaque was hand crafted by David Ackerman and awarded to the RLBC Competitive Mixed Pairs champions. The tournament began in 2008 to honor long time member and very competitive bowler, Laura Dewald. This plaque is still active today.

Our most recent addition is the **B CUBED** Trophy. We all know what that's about! The B Cubed Trophy was designed, hand crafted and donated by Brandon Watson.

There are several other plaques and trophies in the lower level of the RLBC clubhouse. Next time you are at the clubhouse, stop and have a look. Which one has your name on it?

Bowls Boutique



At the RLBC Bowls Boutique, we have merchandise for sale which will surely compliment your bowls accessories. We have two kinds of shirts, ball caps, key chains, towels, tape measures, and chalk. Sorry . . . no bowls for sale.

If you are interested in purchasing anything from our Bowls Boutique, please email us.

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Competitive 3s



Janet and Lois are organizing the Competitive 3s league again this year. This league is designed to help our competitive bowlers get ready for provincial playdowns. However, all members are welcome to enter a team.

Enter a team of three, give your team a catchy team name, and register your team by emailing Janet and Lois – rlbc.sk@outlook.com.

Schedule? We can tell you that all games – there are usually between 5 and 8 games – will take place at the beginning of the season, in May and early June, usually on weekday evenings, and mornings or afternoons on weekends.

If you want to be on a team, but are a little shy to ask others to join you, don't worry. Let us know and Janet and Lois will try and find you teammates. If we can't find you teammates, we'll add you to our sub list.

Want to participate but don't want the commitment? You might be a great sub. Teams are always looking for subs, when one or more team members can't attend a game or two. We turn to the sub list so that no games are forfeited.

Get your team ready to register . . . and to roll. Next month, the April edition of the Between Bowls Newsletter will provide you with more information.

Baker's Box

Here's another great initiative that the RLBC will be introducing in 2023. It's such a cool idea. Surprised we didn't think of it before. Guess what it is.

A Baker's Box!! The crowds are cheering and everyone is grinning from ear to ear! People's eyes are filled with wonder when they see....Wait! What? You've never heard of a Baker's Box?! Well, let me tell you about this marvelous thing.

Where do I start? Probably with a good cookie recipe I'm guessing. But, have you ever wanted to bake some cookies or bars or sweets but your recipe made too many for you to eat? You tried halving the recipe but how in the world do you halve an egg? Yes, it is easy to cook the egg first and then halve it but it doesn't work that great when trying to put it in a recipe. Trust me on this (I've tried).



~ IF THERE'S
A WHISK
THERE'S
A WAY~

RLBC goes through a lot of cookies and bars and sweets every season what with competitions, tournaments, and other events. A-lot! Soooo, the RLBC is going to have a Baker's Box available to help out those who like to bake but don't want all those goodies hanging around the house. We know. . . it's a huge sacrifice on our part, but we're rising to the challenge. And, YES, we will take those extra cookies off your hands!

When you bake, you can bring some of your cookies....like a dozen or two or more....to the clubhouse. One drawer in the tall freezer will be marked Baker's Box. Put your freezer bagged cookies into the drawer. Now you can bake, but eat only as much as you want. And your extra's help the club have cookies for all the tournaments and events during the season. You bake when you want to and help out the club when you

bake by donating some to the club. You might even be able to sneak a cookie once in a while . . but only one, maybe two!

The Baker's Box is a win-win for everyone. And, don't forget that we have the 2023 Canadian Youth Championships coming in July and you know how many cookies youth can eat, right! Let's fill up the Baker's Box this season.



Raisin cookies that resemble chocolate chip cookies are the reason I have trust issues.

One other thing . . . if it's not toooo much trouble, could you kindly label the goodies so we know what kind they are before you place them into the freezer drawer. Thanks sooo much.

Now, where's my sauerkraut-peanut butter-cranberry cookie recipe....

~A balanced
diet is a
cookie
in each hand~

More information – contact us at rlbc.sk@outlook.com



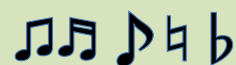
Bowl-rd Games

When you come to the RLBC, of course you want to bowl. Who doesn't? But . . . sometimes you don't. We have all kinds of bowl'rd games in the piano bench. Cards ~ cribbage ~ Monopoly (actually, you might have to bring that one yourself). Have a friendly game of bowls or have a friendly bowl-rd game. Your choice!

Tune In

Brandon is busy updating the songs on the RLBC Juke Box. If you have a favorite song or two that you'd like to hear played while rolling bowls . . . just drop us a line and Brandon will see if he can make it happen.

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2023 Canadian Youth Championships – Update

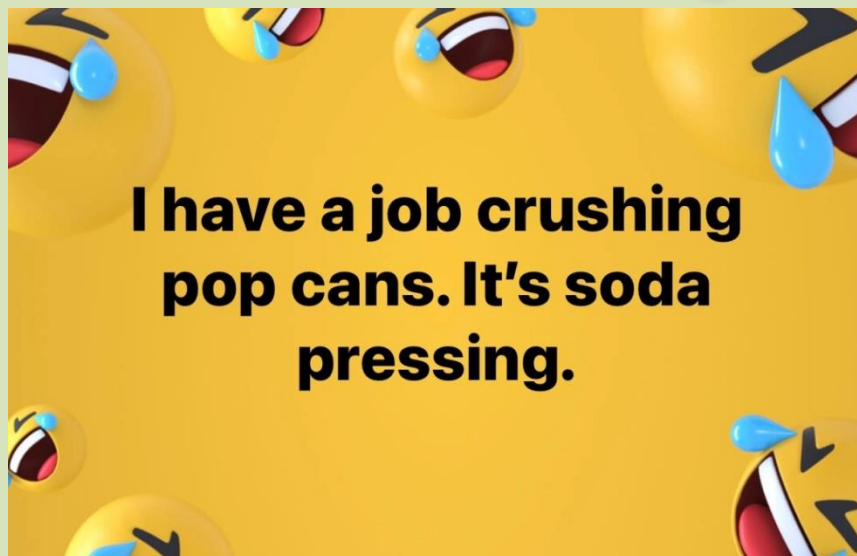
Thanks to everyone who contacted us to help out with the 2023 Canadian Youth Championships and also to those who stepped up to be committee leaders. All our leadership roles have been filled – except one. **Anyone interested in co-ordinating the Opening and Closing Ceremonies?** We already have some Markers, an Official Scorer and volunteers who said “we’ll help wherever and whenever”. Thank you so much.

We know that July may seem like a long way away, but is it, really?

We can always use more volunteers to help out, especially markers, catering, set up and clean up. If you are interested in being part of the 2023 Canadian Youth Championships committee or as a volunteer, please contact us and let us know your interest.

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Food Challenge



John Whiting – our Snack and Beverage Director – wants to hear from you. If you would like to see a particular beverage, pop or snack item offered this season – send your suggestions to John. Rlbc.sk@outlook.com

BOWLS HUNT

We are looking for additional bowls for our club and for our B Cubed league. With the mighty expansion of both B Cubed and our ever-growing Corporate and Community Group Bookings, we will need extra bowls in order to accommodate all the events.

If you know of someone who might be willing to sell their bowls (for a nominal fee) or donate their bowls to the RLBC, would you please let them know we are looking.

Thank you.

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Membership Renewal Day

What do wind turbines think of “RENEW”able energy? They’re big fans!

Last season we launched the first ever – Membership Renewal Day. For those members who attended, you’ll remember how much fun it was. You got a head start on submitting your membership application form and payment, you got to pick out your locker, you got to bring your bowls back to the club, and you got to socialize with other members while enjoying refreshments and cookies.

The RLBC Board is going to organize a Membership Renewal Day again this year. Prior to Membership Renewal Day, you’ll receive the President’s Letter and a copy of the Membership Application Form in your email inbox.

The date and times of Membership Renewal Day will be announced soon – probably next newsletter.

CommunityVotes Regina

Visit CommunityVotes Regina

<https://regina.communityvotes.com>



Click Here to Start Nominating!

+ Sports, Recreation and Fitness

Bowling

Nominate

Regina Lawn Bowling Club

Nominate

Cathedral Short Mat

It's time to make our vote count! Please click on the link above, click on the boxes as shown, and vote for the
Regina Lawn Bowling Club
Cathedral Short Mat
Thank you for your support!

Cathedral Short Mat – 2nd Annual Pairs Tournament

How do you spell success? We spell it – **C-A-T-H-E-D-R-A-L-S-H-O-R-T-M-A-T**

The 2nd Annual Cathedral Short Mat Pairs tournament was held on Friday, February 17 in the upper level of the Regina Lawn Bowling Club.



Five pairs teams met up, with triumph in their eye and a desire to win. No holds barred – Victory was the goal.

When the teams weren't bowling, even when they were, they sampled the culinary cuisine delicately displayed on the charcuterie board of sweet treats. Cookies, chocolate, biscuits, and candy. Decadently rich Baker's hot chocolate was available along with the finest dark roasted coffee, a selection of herbal and black teas, and soft drinks.

The tournament was live streamed and our announcers, who were joined by the pairs team with the bye, provided entertainment like you've never been entertained before.

A complete round robin format saw the top two teams compete for the coveted Cathedral Short Mat Cup – which has not yet been made, but a trophy is definitely in the works. Teams placing 3rd and 4th played for bronze and the 5th place team commentated the final game.

The event was live-streamed, and many viewers watched the tournament – sitting on the edge of their seat, waiting for the winner to be crowned.

For those of you who did not tune in – there were so few of you – the teams finished:

Gold	Darrell-mentary my dear Watson
Silver	W ²
Bronze	PH Factor
4 th Place	Rebel without a Kos
5 th Place	Hold On . . . Stairway to Kevin

<p>Darrell-mentary my dear Watson Skip: Darrell Hanoski Lead: Janet Watson</p>	<p>Hold On . . . Stairway to Kevin Skip: Carter Watson Lead: Kevin W</p>
<p>W² Skip: Brandon Watson Lead: John Whiting</p>	<p>PH Factor Skip: Michael Pituley Lead: Heather Hanoski</p>
<p>Rebel without a Kos Skip: Jordan Kos Lead: Doug Normand</p>	<p>Announcers: Jack Wicksaton Jackhighlin Drawsalot Commentators: Pairs Team with the Bye</p>

This Week in Bowls – February 4th, 2023 Cathedral Short Mat

For those who receive the weekly on-line promotional information – This Week in Bowls – from Bowls Canada Boulingrin, then this is old news to you.

However, for those of you who don't get this publication, the Cathedral Short Mat was featured. This publication is distributed to bowlers, coaches, volunteers and others world wide. Here's what the announcement said:

This Week in Bowls - February 4th, 2023



Regina Lawn Bowling Club is hosting its 2nd Annual Indoor Short Mat Pairs Tournament

Cathedral Short Mat, which is the indoor bowls league run out of the Regina Lawn Bowling Club, is hosting its 2nd Annual Indoor Short Mat Pairs Tournament on Friday, February 17, starting at 6:30pm. The tournament will be lived streamed, directly from the RLBC Clubhouse. Catch the event by tuning in: <https://www.youtube.com/watch?v=IFYB9Y5oKV0>

[v=IFYB9Y5oKV0](https://www.youtube.com/watch?v=IFYB9Y5oKV0)



Brewin' with the Board and Stuff



A meeting without food should be an email.

The RLBC Leadership met a few times for a few things this month. Here's a recap:

- ♣ Budgets were prepared for the 2023 Canadian Youth Nationals; the backboard replacement and for the 2023 outdoor season.
- ♣ Backboard Boys got the bowl rolling with some good options for backboard replacement. Question: When do we start? Not when do we start meeting, but when do we start replacing backboards. Sheesh.
- ♣ Got a Grant! Got a Grant! More about that in next month's newsletter.
- ♣ Darrell is still working on the Yearly Liquor Licence. How long does that take?
- ♣ Judy and John purchased new bowls towels to replace the old ones which are now used by the Equipment Director and Greenskeeper.
- ♣ We have our two summer students hired – Liz and Trystan.
- ♣ Our Greenskeeper is back again – Darren.
- ♣ Working on the long-term members list.
- ♣ RLBC Website was updated with the new Group Bookings rates.



Open House & National Bowls Day

The RLBC will be hosting an Open House for our community friends to come and try lawn bowling. We have the dates – we just don't have the times yet. So mark your calendar, but don't set your alarm. We'll get those times to you pretty darn soon. Like probably next newsletter?

Open House: Saturday, May 13, 2023
National Bowls Day: Saturday, June 3, 2023

rlbc.sk@outlook.com

Two opportunities to showcase our sport!
Can I get a Whoot! Whoot!

Bring a Parent or Grandparent Day



So. You've already heard about the guaranteed draws . . . **Magic Mondays** starting at **7:00 pm** on **June 5, 12, 19, and 26**. **Terrific Tuesdays** starting at **1:00 pm** on **June 6, 13, 20 and 27**. And, **Wacky Wednesdays** starting at **10:00 am** on **June 7, 14, 21, and 28**.

Last month you heard about **M³**. That's **Mark's Mentoring Mondays** coaching clinic.

We are very pleased to announce "**Bring a Parent or Grandparent Day**". This is going to be so much fun. You are encouraged to bring your parent, grandparent, aunt, uncle, cousin, brother, sister, or dear friend to the RLBC to try the sport. Since you already know how to play, you'll be the coach. The rinks will already be set up for you. Grab some bowls and enjoy a game. When? During Open House (May 13) and National Bowls Day (June 3) of course!

If you are interested in helping with the Open House, National Bowls Day or Grandparent's Day – on the greens or with refreshments – please let us know.
Rlbc.sk@outlook.com

Leavin' On A Jet Plane To the Canadian Championship Conference

Jordan Kos, RLBC Board Member, and Ernie Meid, Bowls Sask Board Member, have been asked by Bowls Canada Boulingrin to participate in a Championship Review. A group of diverse bowlers, athletes, coaches, umpires, selectors, BCB personnel and volunteers – will gather in Toronto in March to brainstorm ideas.

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Guaranteed Draws

We are keeping a list of all members who have expressed an interest in the guaranteed draws for the month of June. If you are available to play on **Monday evenings, Tuesday afternoons and/or Wednesday mornings**, let us know. If you know you are available for one, some or all of the dates, just let us know and we'll add you to the schedule. We already have members signed up!

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**I WAS LONELY
UNTIL I GLUED A
COFFEE CUP ON
TOP OF MY CAR.
NOW EVERYONE
WAVES AT ME!**

As we get ready to start our 2023 season, we have so many events planned for our members. Renewal Day ~ Opening Day ~ Open House ~ Grandparent's Day ~ Parent's Day ~ and so much more.

Remember, you are always welcome at the RLBC. Come on down and enjoy a cuppa coffee or tea, compliments of the RLBC. Chat and socialize with your friends, enjoy our air conditioned clubhouse, sit on our patio and relax.

See you on the greens!



Office Admin Position – Filled

Doug Normand interviewed one candidate for the Office Admin – Group Bookings Position. It was a tough interview. Here's one of the questions – just so you understand the grueling interview this candidate had to endure:

Doug: Can you perform under pressure?

Liz: Well, I'm not sure I know all the lyrics, but here goes nothing.

She got the job!



Meet Our Summer Student Office Admin – Group Bookings



When our club opens in the Spring, you will be welcomed by our new Office Admin Summer Student, Elizabeth Ledingham. But you can call her, Liz. Or Elizabeth!

Liz is a University of Saskatchewan student. She is a sports enthusiast. An active participant in hockey, flag football, basketball and ultimate Frisbee. Soon Liz will be able to add lawn bowling to her resume.

Liz will start employment at the beginning of May and her last day with the RLBC will be at the end of August.

You may receive emails from Liz throughout the season – because she'll be handling our Group Bookings and she'll be looking for volunteers.

Liz will also have your Bowls Sask Membership Cards, so ask Liz for yours.

If you want to purchase a 6-49+ Punch Card, just ask Liz.

When you are at the club this year, make sure to introduce yourself and say HI! She'll be so glad to meet you.

Seriously?

Found a Serious Leek under the sink



Thanks to our handy-man and his team of screw”drive”rs and “drills” (hey, we can turn anything into a lawn bowling reference) – the leaky toilet in the women’s washroom and the loose kitchen sink taps are fixed. Well, we THINK they’re fixed. Maybe not. Hey, if you happen to see a leaky toilet or taps, can you let us know?

Group Bookings Director - Is Filled!

with great opportunities to really help the RLBC.

Group bookings are a large part of the RLBC’s revenue source. Group bookings also provides a lot of exposure to our sport from community members who might not otherwise understand what a great thing we have going on at the RLBC.

The Group Bookings Director position can easily be divided into many smaller jobs. You could pick the job that best suits you. Just a reminder, our Group Bookings Admin person looks after all group bookings from early May until the end of August. So the volunteer leaders only have to look after Group Bookings at the very beginning of the season and in September.

What does a typical Group Bookings volunteer do in the leadership role?

1. Check the phone messages and emails from potential groups who might want to book our facility.
2. Make the booking and provide the organization or school with some basic information, which is already created for you in a template.
3. Find volunteers to help when the group arrives to bowl.
4. Find volunteers to set up the greens and take them down before and after the group booking bowlers attend.
5. Invoice the group.

If you are interested, or want to learn more, please email us – rlbc.sk@outlook.com

Respect in Sport

As mandated by Bowls Canada Boulingrin and Bowls Sask, any member who volunteers with school groups or corporate groups must have taken the Respect in Sport course. This is a free, online course that can be completed in about 2 hours. Yes, you read that correctly – 2 hours. But, it actually goes pretty fast. Especially if you pretend you're at the movie theatre and sit down in front of your computer with your favorite soft drink and a bowl of popcorn and a bag of twizzlers.

Using your favorite internet browser, go to the following website:

<https://sasksrc.respectgroupinc.com/>

Create a username and password, and then login.

Follow the steps, listen to the commentary, and answer the questions at the end of each section. When you are done, request your Certificate and provide a copy to Doug Normand.

Once you have completed your Respect in Sport course, you will be added to our list of Group Booking volunteers.

Thank you!

Food Facts for Athletes

Here are some interesting food facts from the well known nutritionist – U Rock Girl!

Eat Enough. It's surprising how many athletes don't eat enough before playing sports. Inadequate calorie intake will result in reduced performance and an increase risk for injury!

Drink Early and Often. Especially in warm weather. If you are coming to roll bowls, start drinking water before you leave your house and continue throughout your bowls game.

Recover Faster. When you bowl, your body uses up its glycogen stores for energy. After you are finished bowling, especially if you are feeling fatigued, consume a shake (the Dairy Queen has a lot of great flavours), or a smoothie, or eat fruit such as berries or bananas. These types of foods help you recover a lot faster.





Our security cameras work overtime. We've caught a lot of great action shots on our security cameras. So far, a gust of wind, two rabbits on a date, a black cat and some birdies have activated our security camera. It's reassuring to know that we are secure at the RLBC.

In fact, our security cameras are so clear, that the cameras were used to settle a dispute at Cathedral Short Mat when one team felt that the bowl was a toucher, and the other team did not. A look at the security camera footage solved the dispute and play continued.

If you see something that you think is strange . . . contact us and we'll check it out. Rlbc.sk@outlook.com

The Return of the Assistant Greenskeeper

You remember Trystan from last year, don't you? You know, Trystan. She worked with Darren as our Assistant Greenskeeper. Outside. On the Greens. Pushing the mower.

Well, Doug Normand reached out to Trystan and made her an offer she couldn't refuse and so she is returning for another year with the RLBC. She'll pick up exactly where she left off. No training required!

With her vast knowledge and experience we are super excited to have Trystan return.

Trystan will start in May and her last day will be at the end of August.

Please welcome Trystan when you see her.

Competitive 3's We're Number 1, We're Number 1, We're Number 1

No sooner did we advertise for our Competitive 3's league, and we received our first Competitive 3's team entry. We won't reveal which team it is, yet.

But it's a team of 3, and they provided all three of the player's names.

Andthey have a real cute Team Name.

Plusthey are ready to roll.

Sodon't delay – register today.

rlbc.sk@outlook.com.



Brain Freeze

Things are not always as they appear

Solve this:

A set of bowls and their sling together cost \$1.10. Okay, that's a really cheap set of bowls. But for purposes of our Brain Freeze this month . . . humour me. So, the bowls cost a dollar more than the sling. How much does the sling cost?

What's your answer?

The answer might seem obvious. How many said – the bowls cost \$1.00 (and where can I purchase a set) and the sling costs 10 cents. What if you were told – that's not correct. Nearly everyone's impulse is to say that the sling costs 10 cents, therefore, subtract 10 cents from \$1.10 – the bowls must cost \$1.00.

But, if you really think about it . . . if the bowls cost \$1.00 and the sling costs 10 cents, the bowls don't actually cost a dollar more than the sling. In fact, the bowls only cost 90 cents more than the sling.

We didn't get the answer wrong because it was a difficult problem. We got the answer wrong because we jumped to conclusions before thinking the problem through.

This same thing happens in bowls.

You might think . . . Oh, I'll just draw in for two. That's the obvious shot. But is it? What if there is a better shot to play? What if you don't make that shot and you end up giving up a big count to your opponent. What if your opponent has last bowl and your shot for two actually sets up your opponent for a shot for five.

Before you make your shot, take an extra second or two to see all the possibilities. Think outside the box – not what is obvious. Yes, sometimes the obvious shot is the right shot. But sometimes, it's not.



For those who are wondering the answer . . . we think the bowls cost \$1.05 and the sling costs 5 cents. But who knows?



Competitive 3s – So Many 3s? How many 3s do you see?

Hope you have your Competitive 3s team ready to roll. The Competitive 3s league is a very short league run at the beginning of the season, designed to get players who plan to enter the provincial playdowns ready for the season.

If you are interested in entering a team, you will get another reminder in the next newsletter, and a communication from our Communication's Director. However, in the mean time . . . find a couple of bowler friends, pick a cute team name, and get ready to enter your team.

We like to think that that because this league inspires you to get your head and body thinking 'playdowns' that you might also dress alike as well. Actually, it's way easier if all team members wear the same shirt or the same color shirt – you know, so that your team can be identified.

Rules:

Format: Triples

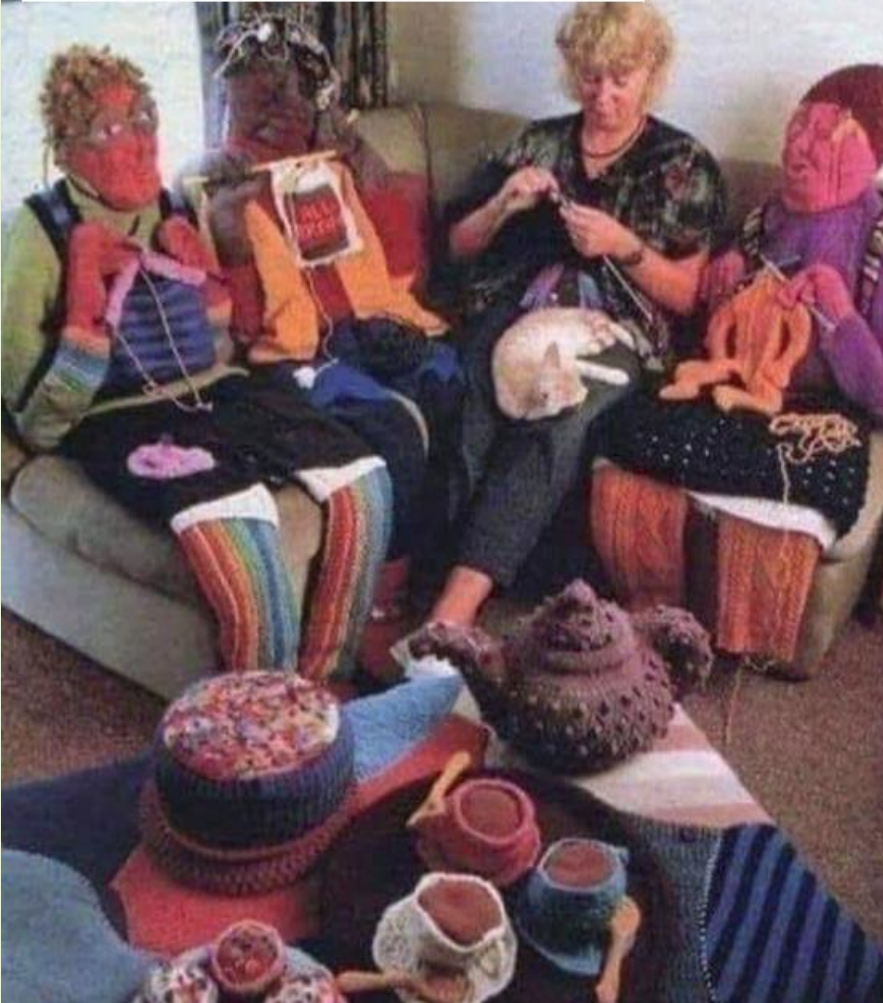
Bowls: 3 bowls each

Ends: 18

Other: You must be a full member of the RLBC and your membership fees must be paid.

Socializing at the RLBC

Her psychiatrist told her to make new friends so she did.



You don't have to make new friends this way! Join the RLBC and make new friends while rolling bowls and getting some non-strenuous exercise.

We have so many different types of memberships to offer. Which one suits you best?

Regular Membership
B Cubed Membership
Jitney Membership
Youth Membership
Associate Membership
6-49+ Punch Cards
Drop-in Bowling

Regular Membership: You bowl as often as you like, any day of the week, any time of the day. Costs \$200.00. Don't forget about our guaranteed draws!

B Cubed Membership: You bowl on Thursday nights as part of the B Cubed league for 8 weeks. Costs \$100.

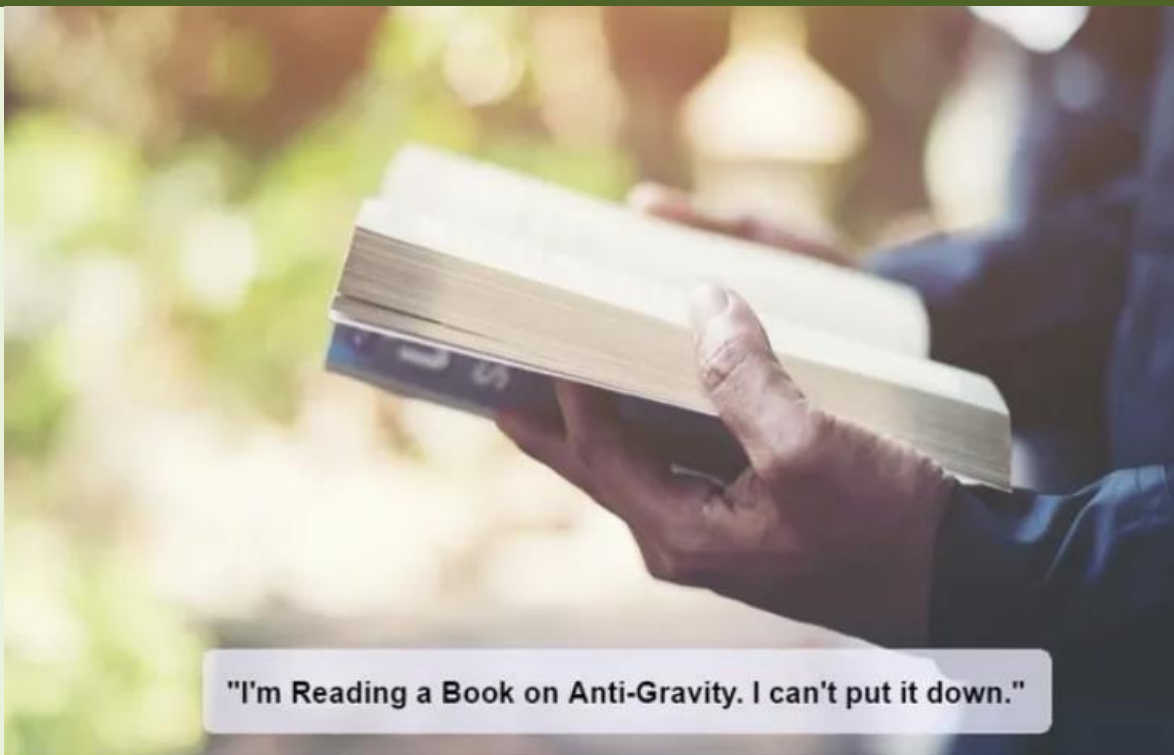
Jitney Membership: You bowl every Friday night from the time the season starts until the season ends. Costs \$50.

Youth Membership: If you take out a regular Youth Membership, you have to be under 25 years of age. You can bowl as often as you like, any day of the week, any time of the day. Costs \$100.00. A Youth Restricted Membership allows you to bowl Wednesday nights and it costs \$40.00.

Associate Membership: For \$25.00 you can bowl on Opening Day, July 1, and at the Windup.

6-49+ Punch Cards: Pay \$49.00 and play 7 games.

Drop-in Bowling: Bowlers can drop in and have a game of bowls for \$10.00.



"I'm Reading a Book on Anti-Gravity. I can't put it down."

Don't forget – we have 2 coffee table books at the RLBC.

The first is a guest book. When out of town, out of province or out of country guests come to our club, please invite them sign to our guest book.

The second is our Memorable Moments Book. If you didn't get a chance to read it last year, it's waiting for you to gander this year.

The books can be found on the coffee tables in the upper level when the season opens.



Common (and some not-so-common) Lawn Bowls Terminology

Getting ready for bowls season? You'll want to brush up on your terminology!



Or . . .

I have absolutely no idea what you are talking about.



Or . . .

Sure, I'll just have a sliver of cake. About this much.



Or . . .

My grandson grew this much over the winter.



Or . . .

I am also an expert at yo-yo.

SOLD OUT

B Cubed



We have zero spots left before we are sold out. We had room for 48 B Cubed teams this year and all spots are taken. We'll be playing on Greens A, B and C. If you would like to be placed on the wait list – you know, in case one team drops out – please send your info to rlbc.sk@outlook.com

SOLD OUT

SOLD OUT



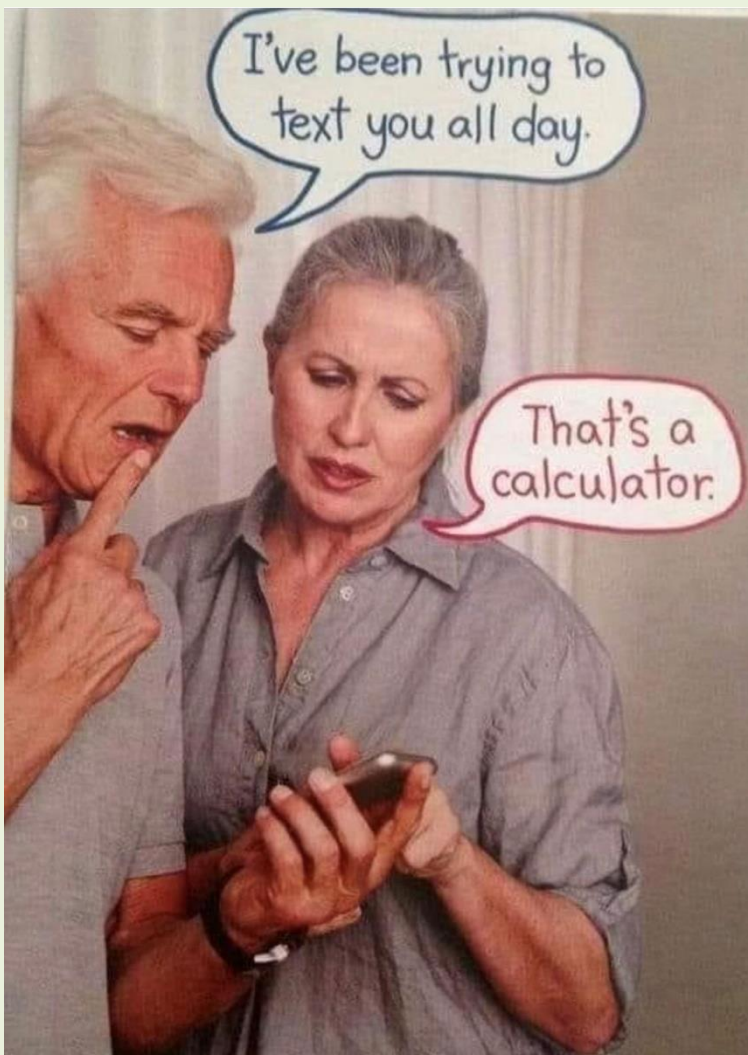
RLBC's Communication Keeping You Informed

Just a reminder that the RLBC has several ways to communicate with our members.

Email. Our Communication's Director sends out email notifications about upcoming events, news, volunteer help required, and a host of other things.

RLBC Website. Our RLBC website is updated frequently by our webmaster. The website is an excellent resource to find all things bowls related.

RLBC Facebook. We have our own Facebook page. Follow us and get frequent updates.



B Cubed Media Blast. Our B Cubed members get weekly reminders about exciting things happening at B Cubed every Thursday.

Between Bowls Newsletter. The Monthly newsletter, which you are reading now, by the way, lets members know about things that happened last month, upcoming events, interesting newsy articles, etc.

As an RLBC member, you are automatically added to our mailing list.

Happy Reading!

Catering Director

For those who are wondering . . . the vacant position of Catering Director is still vacant.

The Catering Director can be anything you want it to be, but, the main duties are:

- Organize the snacks and meals when the RLBC is hosting a Provincial tournament. That happens about 3 weekends a season.
- Ensure there is cake or goodies or a meal on July 1.
- Provide treats for Opening Day, Open House, National Bowls Day, ParticipACTION Day (which is probably the same day as National Bowls Day). If you like to bake, that might mean bringing in muffins or sweets. If you don't like to bake, it might mean a trip down the cookie aisle at your favorite supermarket.
- Organizing food for the Club Windup. This might involve enticing Brandon and Lois to re-create their hot dog bar or maybe ordering in pizza.

You don't have to do all the baking and cooking and chopping and peeling and serving and cleaning up yourself. There are lots of volunteers who will help you – just ask them.

But, we do need someone who is willing to co-ordinate and organize the eats activities for the events.

On-the-job training is provided. Judy and John said they'd be pleased to show you the ropes.

While the Catering Director is typically a board position, we can make other arrangements so that you don't have to be a board member if you don't want to be.

If you are interested, or would like more information, please email us

rlbc.sk@outlook.com

My second attempt at making a salad...I don't know what I'm doing wrong





Mewhen someone tells me they haven't volunteered for the 2023 Canadian Youth Championships yet.

B Cubed – Our Neighbours to the East

Look for B Cubed at the Norwood Lawn Bowling Club in Manitoba in 2023.

The Norwood Lawn Bowling Club has been in touch with our Regina B Cubed Organizers and we have formed a partnership of information sharing.

Norwood is going to offer a B Cubed rec league this year – and they will officially call it B Cubed. Catchy, right?

Norwood asked our organizing team if they could use our B Cubed logo (not our RLBC logo) – and we said . . . of course, why not, absolutely, no problem.

So, Brandon and Carter are busy sending information to Norwood LBC. We think the Regina Lawn Bowling Club are real trend setters (yes, we know, we already said that in a previous Between Bowls Newsletters – but hey, it's worth repeating) in Canada.



The Regina Lawn Bowling Club is tremendously grateful to the following sponsors for their support.



BOWLS CANADA

Bowls Canada Boulingrin continue to provide guidance and support, not only to the RLBC, but to all clubs across Canada. Thank you BCB.

Thank you to Bowls Saskatchewan for their continued support.

BOWLS SASKATCHEWAN INC.



Thank you to the City of Regina for their on going support of the RLBC.

Sterling Plumbing - Heating - Air Conditioning are awesome. Thank you for your sponsorship of a large portion of the supply and install of the air conditioning unit for the RLBC in late 2021.



D&R Roofing supplied new shingles and re-shingled the greens maintenance shed. Wow! Thank you so much.

Thank you to Ripplinger Financial Corp for their generous and continued sponsorship of B Cubed by supplying numerous prizes and the B Cubed Booze Basket.





Tommy's Speakeatery provides ongoing support of B Cubed by providing prizes for the B Cubed players and "specials" at their establishment during the B Cubed season.

District Brewing Co provides beer for B Cubed and the RLBC at a reduced price! This pricing contributes to B Cubed's profit every season. Thank you so much!



Thank you to Gopher Car Wash for supplying Platinum car washes as a prize to one of our top B Cubed Teams.



The Kramer IMAX Theatre also provides prizes for one of our top B Cubed Teams. This season, they are providing Kramer Imax Theatre Movie passes.



**SASKATCHEWAN
SCIENCE CENTRE**

Real science. Real fun!



Thank you to Cloverdale Paint for sponsoring the paint used for the RLBC Beautification Project as well as the green stain used on Greens A and B in 2018.

Thank you to Dairy Queen Elphinstone for offering a 10% discount to all Regina Lawn Bowling Club members.



The Floor Show provided new flooring in the upper level of the clubhouse and down the ramp to the lower level. Thank you so much.

Thank you to Water Boy Supply Centre for generously donating an irrigation remote control for the greens keeper.



Pete Lefebvre, of Wingert Construction Ltd., generously sponsors our 2022 B Cubed door prizes which will be given out each of the league's 8 weeks as well as partially sponsoring the promotional gift that will be given to each B Cubed player.