

# BETWEEN BOWLS

Issue 27

<http://www.reginalawnbowlingclub.ca>

[rlbc.sk@outlook.com](mailto:rlbc.sk@outlook.com)

June 2022

## Juicy facts about June

- **June 1** is International Children's day. Our Youth Coordinator, Mark, is busy getting his Youth Program ready, but it won't start quite yet. Watch for the Youth Program to run mid-June, July and August on Wednesdays.
- **June 1** is also International Flip a Coin Day. We'll be honoring this day at our daily draws – don't forget to bring a coin. Flip to see who goes first.
- **June 4** is National Bowls Day and ParticipACTION. Spread the word!
- **June 7** is National Chocolate Ice Cream Day. Let's all head over to the Dairy Queen for a Chocolate Sundae – remember, 10% off for lawn bowlers at the Elphinstone location!
- **June 8** is National Best Friends Day. Why not grab your best friend, and introduce them to a game of bowls.
- **June 12** is Red Rose Day. Now do they mean the flower or the tea? If it's the flower, let's ask Doug N to plant some red roses. If it's tea, we have complimentary Red Rose tea located at our coffee bar. Help yourself. We got this covered both ways.
- **June** is International Men's month. Father's day is also celebrated in June. Do all the men have their pairs teams and fours teams lined up for Provincial playdowns?
- **June 20** is International Flip Flop day. Do they mean the footwear or the mental state of indecisiveness?
- **June 23** is National Pink Day – and Pink happens to be one of B Cubed's colors AND **June 23** is a B Cubed game day. Wow!
- **June 30** is National Handshake Day. Remember to shake your opponent's hand before and after your game!

## The Right Line!



It's always a great idea to have in mind what your next shot will be. Yes, things can change dramatically when your opponent makes an unbelievable shot which changes the head entirely. And yes, in this case, you have to re-think your shot. However, being prepared, with your bowl in your hand, and ready to step on the mat when your opponent's bowl comes to rest helps to keep everyone 'in the game' and prevents long, 'draw'n-out ends! Be Ready!

## Bowls Sask Memberships Just Ask Alex . . .

Bowls Sask Membership cards can be picked up at the clubhouse – just ask Alex.

## Weekly Walkers

Remember this info from last season? If you're in to walking you can get your daily walking steps at the RLBC. Grab your Fitbit and start walking!

11 laps around any green	=	1 mile	=	approximately 2000 steps
7 laps around A & B or C & D	=	1 mile	=	approximately 2000 steps
4 laps around A, B, C, D	=	1.1 miles	=	slightly over 2000 steps

Did you know that bowling 3 games burns the same amount of calories as walking 1.6km or 2252 steps? Lawn bowls helps work muscle groups not usually exercised. Bowls is a way to improve fitness and improve your co-ordination.

## Doug's Divits

Doug N is always looking for help to rototill the garden, plant flowers, weed the flower beds, water the flowers and prune bushes. If you are interested in helping Doug in the RLBC's garden center this year, send Doug an email.

[Doug.normand@sasktel.net](mailto:Doug.normand@sasktel.net)



# 110'ers

## Everything Old is New Again

### June Activities

- 📅 National Bowls Day / ParticipACTION is on **June 4**. Come down to the RLBC and enjoy the activities. This will be like another Open House where we can inspire individuals to try bowls, and possibly take out a membership. There will be refreshments served.
- 📅 The secret message has been planted in the RLBC's Flower Garden. Is there only one message? Maybe. Maybe more. How many can you find?

### July Activities

#### Canada Day

- 📅 Join us at the RLBC to celebrate Canada Day on **July 1**. This year, the format has changed. Festivities start at 9:00am with a Jacks & Flaps breaky; a mini program at 10:00am and bowling at 10:30am. The new format allows for more social time with members, but, it also allows members to partake in other Canada Day Celebrations in the afternoon and evening.
- 📅 We need numbers. We'll need to know if you are coming for breaky because we'll need to make enough flap'jacks'. And, we'll need some help in the kitchen prepping, cooking, serving, and cleanup. Interested? Let us know - [rlbc.sk@outlook.com](mailto:rlbc.sk@outlook.com).
- 📅 Don't get me started on the bowls game. Lots of 110 activities planned.

#### New Zealand 5's - President's Edition

- 📅 Mark your calendar for the weekend of **July 23 and 24**.
- 📅 In keeping with our theme, "Everything Old is New Again", there is a little twist to our traditional New Zealand 5's – President's Edition. It will be a cash tournament (nominal entry fee), with a huge payout (remember, this is our \$110<sup>th</sup> anniversary . . . hint hint). And check out the new name "President's Edition". Is that enough of a teaser to get you interested?
- 📅 You'll want to sign up early and secure your spot.
- 📅 No promises, but there MAY be a meal involved. And, we MIGHT get the liquor licence extended for the weekend. Could be a possibility.

📅 **Special thanks to our New Zealand 5's – President's Edition Sponsors – Heather and Darrell Hanoski. You rock!**

**DON'T FORGET TO SUBMIT YOUR 'MOST MEMORABLE BOWLS MOMENT' TO THE 110 CLUB  
RLBC.SK@OUTLOOK.COM**

# 110'ers

## May Events

The 110<sup>th</sup> Member who joined the Regina Lawn Bowling Club was surprised with a 110 Event Basket. The Lucky Winner was Pat Schlotter who was presented with the basket on Opening Day on May 23.

The winner of the Spider Bowl, and \$11.00 was Pat Schlotter. And, Pat and his partner, Dionn Hanoski, won their pairs game. For those who are keeping score – that's a triple threat ~ a hat trick ~ a 3'er.

The Draw Master had a surprise in store for the team that scored the 110<sup>th</sup> point on Opening Day. It wasn't easy siferen' that point, and there was a lot of guz-in-ta's happening. But, after many calculations, an audit, and a double check, the team who scored the 110<sup>th</sup> point on May 23 was the team of Heather Hanoski and Bo Kos. Congratulations!

Thanks to Judy and John for arranging for a lovely 110 celebratory cake!. Did it have 110 ingredients???? Were they able to cut the cake into 110 pieces?



RLBC's Youngest Member – Winnie – was on hand to celebrate our Open House!

# Brewin' with the Board

- Regina Lawn Bowling Club and the Cathedral Short Mat have been nominated in Community Votes Regina. Please cast your ballot for these two bowls clubs <https://regina.communityvotes.com/>
- Still have 2 vacant board positions – Group Bookings and Catering.
- Lawn Summer Nights will be back every Wednesday in July.
- Air conditioning is almost ready to go – not quite.
- Both summer students have started and are trained.
- Received the initial grant payment for our summer students.
- RLBC Delegates attended the Bowls Sask AGM.
- A discussion on planned events for National Bowls Day.
- 110 Year Club Picture – Possibly taken on July 1 – Get your memberships in so you can be included in the photo.
- Vandalism – To Advertise or Not To Advertise – this is the question.

*I turned down a job where I would be paid in vegetables . . . . the celery was unacceptable. Speaking of catering . . . . the RLBC is still looking for a Catering Director. If you played your cards right, this could be you.*



## Book'm Danno

Did you know that in May, there was an attempted break-in at the RLBC? Thanks to the swift work of the Security Camera, footage was secured and we were able to file a Police Report and supplied video of the perps (that's police talk for perpetrators). The Police are hot on their tails and we are confident they will be found! Damage? Well, once they realized that they were the star of our show, they ran away. But, they returned shortly and pulled our Heritage Sign out of the ground and cracked the plaque. Naughty! Naughty!

## 2022 Learn to Compete Development Clinic

June 5 is the date! Don't miss it. Arrive by 9:00am (or a bit sooner to grab a cuppa). You'll learn about Purposeful Measured Practice, Observation and Correction, Effective Play v Perfect Play. There will be individual and group practice drills and technique. Then there will be a session on The Mental Game. You'll want to break for lunch after that! In the afternoon, there will be instruction on Measuring, Strategy, Game Planning, Quick Fire (What's that??) and Head Strategy Session – Stop it! Finally, the day will conclude with a Relaxation Activity. There will be lots of opportunity for questions, answers, what-if's. You won't want to miss the 2022 Learn to Compete Development Clinic, hosted by our very own, David Calam. Interested? Email [bowlssask@sasktel.net](mailto:bowlssask@sasktel.net)

# MASTER OF ALL – BRANDON WATSON

## Regina Lawn Bowling Club Open Source Accessibility Project

You may recall, you were invited to be part of Brandon Watson's Research Project Group, a component of obtaining his Masters Degree at the University of Regina. The project focuses on creating an Open Source Accessibility device. The focus of this Group is to brainstorm, come up with an idea (or two or three or . . . ), and determine how it would help our senior community at the club. The ideas could be directly related to playing the game of bowls, to an area of the club, accessibility of the club or grounds, social accessibility, or anything else.

This is ground breaking. Whatever idea the Research Team comes up with - the finished product, the model, will be available for bowlers and clubs to use across the Province and across Canada.

So who is this talented group of Researchers? The Idea Guys are: Doug Normand, Judy Whiting, John Whiting, Lois Kos ~ lead by Brandon Watson.

The first meeting was held on May 2. So many fantastic ideas were shared – as Brandon said *“the key is that there is absolutely no wrong idea here because we are doing ground breaking work . . . even if an idea isn't picked, it will likely spark a great conversation and ideas that lead to a final solution.”*

Several great ideas were discussed at the first meeting. In fact, this Research Group gave new meaning to the word 'brainstorming'.

Exciting times at the RLBC.



# AWARD OF MERIT RECIPIENT – 2021

## JANET WATSON



Janet certainly has a long list of accomplishments and contributions to the Regina Lawn Bowling Club which makes her a worthy recipient of the Award of Merit.

While the list is too long to detail in this newsletter, we would like to mention a few highlights.

Communications Director since 2016  
B Cubed Organizer/Volunteer  
Bowls Restoration Committee  
Sponsorship Committee  
Singles Marker

Beautification Committee  
Competitive 3s Organizer  
New RLBC Shirts  
Webmaster Backup  
Cathedral Short Mat Treasurer



## Bowls Boutique

New Items in our Bowls Boutique. Thanks to the rONEy and only Jean rONEy, we have new items for sale in our Bowls Boutique. We have bowls measures, grippo and spray chalk ~ along with club shirts, 2018 Championship shirts, Caps, B Cubed Towels, and, of course, B Cubed Key Chains.





# REGINA

## Lawn Bowling Club

Est. 1912

### Celebrating 110 Years!

## 110 Reasons To Join The RLBC

1. The grounds are beautiful.
2. The RLBC is located in the most peaceful, tranquil setting.
3. You can socialize with friends and other members.
4. The clubhouse & atmosphere is so relaxed.
5. The wonderful volunteers do an excellent job.
6. It is a cheap sport to play - fees are so reasonable.
7. The fresh baked pies at events are amazing.
8. The Open House is fun.
9. B Cubed is a fun and different way to lawn bowl.
10. You get to play with different teammates over the season.
11. You have no specific commitments to play.
12. You can come as often as you want, whenever you want.
13. The club tournaments are really fun.
14. The flower beds and pots are beautifully done.
15. You can get a drink or a treat for a dollar.
16. It has music for everyone's taste.
17. You can start as an 8 year old & finish as an 88 year old.
18. Bowls equipment is available.
19. Friendship, fun, fresh air.
20. Not a coat of many colours, but bowls of many colours.
21. Both 'backhand' & 'forehand' here & you won't feel a thing.
22. You can wear your bedroom slippers & it's perfectly ok.
23. Playing bowls keeps you fit.
24. Home of "Song of the Summer".
25. I love the new coloured bowls.
26. The opportunity to give back by a variety of volunteering.
27. The Youth Program is awesome.
28. The RLBC has great members!
29. If you don't like wearing shoes, go barefoot on the greens.
30. You can be shot and feel no pain.
31. Walking in the rain is encouraged!
32. I can play with my husband, sister, daughter & nephews.
33. Our clubhouse has air conditioning.
34. Can only get this complement in lawn bowls, "Nice head".
35. Lawn Bowls - where you are often told you are too light.
36. Always a great feeling to make a great shot.
37. Catered meals at events are always fantastic.
38. You can always help out by pulling a weed or two.
39. Games are exciting and full of strategy.
40. B Cubed hot dogs, beverages & music are great.
41. The Beautification Committee did an amazing job.
42. You can play with ages 8, 30, 60 & 90 on the same team.
43. The coaches go above and beyond to help members.
44. The RLBC is a club you can be proud to be a member of.
45. The club recognizes & values its long term members.
46. Lawn bowling is easy to learn but takes years to master.
47. I love the new look of the restored bowls.
48. It is centrally located with a lot of free parking.
49. There are extra jackets in the clubhouse if you need one.
50. I love the Competitive 3's league!
51. Love to participate in & watch the provincial tournaments.
52. Bowls - where being heavy is better than being too light.
53. A short mat league is now available in the winter.
54. You can be a competitive bowler or a recreational bowler.
55. We host charity events.
56. We are one of the few 4 green clubs in Canada.
57. You've always wanted to bowl under lights-you can here.
58. The sport is not too strenuous to play.
59. You can wear white after Labour Day.
60. People are welcoming and excited to bowl with others.
61. Our summer students help us throughout the season.
62. Friday Night Jitney's are the best!
63. The snack cart keeps the munchies away.
64. The clubhouse is modern and inviting.
65. Bowls provides exercise for the aged.
66. I can sit, relax and socialize with my friends.
67. I can bring a friend to bowl on Bring a Friend nights.
68. You can play this sport into your 80's and beyond.
69. You can play in all four directions.
70. It truly is a sport for all ages.
71. Lawn bowling is a beautiful way to spend a summer day.
72. You may never hear the words "you're too early".
73. The Board is always looking to launch new ideas.
74. A great place to hang out - morning, afternoon & evening.
75. You cannot get stuck in our ditches.
76. Bowls helps with cognitive function.
77. The Buddy System is very helpful.
78. Home of Champions (World, Canadian, Provincial, etc.)
79. Coffee is free - thank you!
80. The website is easy to use and showcases the RLBC.
81. There is sun or shade on one of the decks any time of day.
82. I love the new logo and the 110 commemorative logo.
83. It's great to be able to bowl to music.
84. We appreciate our greens keeper and helpers.
85. We have great club shirts.
86. Daily draws are always available.
87. The RLBC has a great board of directors.
88. For the ladies, there is always a Jack at the club.
89. For the men, there is always a Kitty at the club.
90. Gold & Silver place winners get pins at the windup.
91. We have four greens so we are a healthy place.
92. Love the bagpipes on Opening Day.
93. There are tournaments throughout the entire season.
94. Ice cream treats are a good way to cool off on a hot day.
95. The Member's Renewal Day is a fresh new idea.
96. A great place to play bowls or watch bowls.
97. The 6-49+ cards are a great alternative.
98. Bowls - where you can get your \*ss kicked by an old lady.
99. The Board sends surveys out to members for feedback.
100. It's ok if your bias is wrong & you cheer for the Bombers.
101. Love members whose bias is right & are Roughrider fans.
102. The grounds and clubhouse are always neat and tidy.
103. The B Cubed bowls towels are fun and useful.
104. OK to tell the truth when people ask about their weight.
105. You don't have to dress in white but you have to dress.
106. Take more grass but you do not have to take it home.
107. Free name tags - one to keep and one for the club.
108. It's my home away from home.
109. It's Regina's best kept secret.
110. And finally, the best reason is we want "you".

# B Cubed

We've been asked by many members – *So what's the haps with B Cubed? How many players are there? How many teams are there? Still serving food? What's the cost?*

Okay, so, B Cubed has turned out to be the Social Event of the Season in Regina. The B Cubed Social Media Team made one itsy-bitsy-teeny-tiny social media post – and B Cubed just blew up! The phone rang off the hook. The B Cubed Inbox was full to capacity. We were busy!

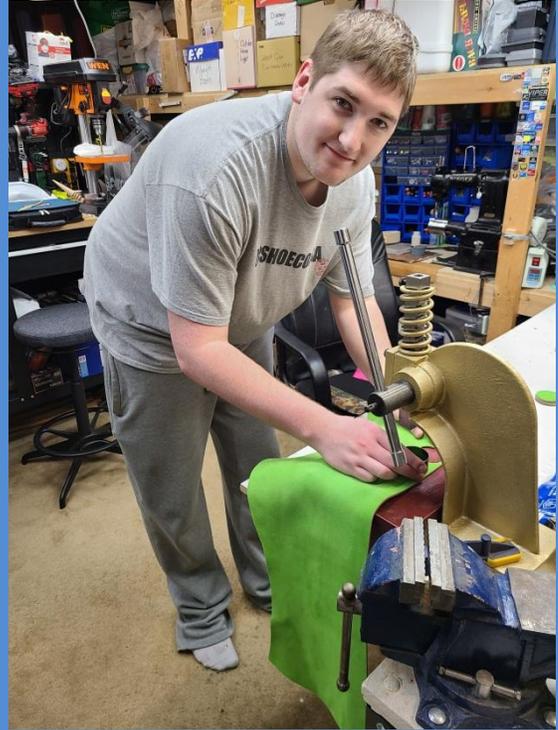
Teams:	30 teams. This is a record!
Players:	124 players. This is a record!
Greens:	Green A & B. Filled to capacity! This is a record!
Bar Bevies:	\$5.00 Beer (from District Brewing), Wine, Coolers.
Non-Alcoholic Bevies:	\$1.00 (bottled water, soda)
Hotdogs:	\$3.00 / hot dog or 2 for \$5.00.
Snacks:	\$1.00 (chips, nuts, mini-cookies)
Exclusive Offering:	Booze Basket – Thank you Ripplinger Financial 75/Jive – Thank you RLBC Door Prizes – Thank you Wingert Construction Player Gifts – Thank you Wingert Construction Song of the Summer Dance Party Tunes ½ Price Nachos – Tommy's after 9 The most fun these players have had on grass!

*So that's the scoop.*

Remember members, if you'd like to come on down to the Club on Thursday evenings, enjoy a brew or two, and a hot dog, and stay for the Thursday night draw - please join us. You are always welcome. Doors open at 6!

## GETTING READY FOR B CUBED

Every year, our B Cubed players receive a gift – just because. And every year, the B Cubed organizers try to pick something bowls related, but something that can also be used in all areas of the player's social life. This year, each B Cubed player received a specially designed B Cubed key chain. Using the softest suede imported from our supplier located in a far off land, and assembled by the B Cubed organizers, 110+ B Cubed key chains were produced. Here's a quick look at our worker-bees in action.



Ta-Da



## Some More About B Cubed . . .

The B Cubed Organizers wanted to share the names of the B Cubed teams for the 2022 season because they think the names are pretty darn cute. Which team is your fav? In Alphabetical Order . . . . .

A1 Bowls

A1 Buds

Big Bias Bois

Bowl Apple Teeth

Bowls Deep

Bowly McBowl Face

Buckaneers

Dark and Stormy

Ebowla

Glory Bowl

Great Bowls of Fire

Hi Rollers

Jive Turkeys

LawnShots

Not Sure Yet

Oh Bowloney

Stop Drop & Roll

Sunshine and Lollipops

The Bowled and the Beautiful

The Bowling Stones

The Bowlistics

The Bowlocks

The Cousin Collab

The French Connection

The Incredibowls

The Tyrants

The Unbeatabowls

Vintage 72

Walter's Midnight Pineapples

We ♥ Soil & Grass

Don't forget to come on down to the Regina Lawn Bowling Club and watch all the action. The bevie bar and the hot-dog bar will be open starting at 6:00pm. The music will be playing the B Cubed play list. So much fun. Don't miss out!



## Recap of the May Events

### Tarp Removal

*The good, the bad, and the ugly!* We all wondered about the condition of the greens after the long, cold blustery winter. Would the greens be good? Would the greens be bad? Would the greens be down right ugly? Then, the tarps were removed. And . . . Surprise! The grass weathered our harsh winter quite well.

### Membership Renewal Day

*Is your membership right for you?* Over 25 members from previous seasons met at the Clubhouse on Sunday, May 1 to submit their membership application form (and fees), pick their locker for the 2022 season, and meet the board. Refreshments were served as members socialized. We missed each other over the long winter months. If you were unable to attend Membership Renewal Day you still have options for submitting your membership application. You can drop it in the mail slot at the club, or, you can mail it to our PO Box. Thanks to the volunteers who supplied the tasty goodies on Membership Renewal Day!

### Clean-up Day

*Don't wear headphones while vacuuming.* Karen finished vacuuming the entire clubhouse before she realized the vacuum wasn't plugged in! Members gathered inside and out – cleaning the clubhouse and grounds. Spring Cleanup is always a fun time, especially when it is all done. Well, it will be done, once it's finished.

### Open House

Not the “*Selling Sunset*” type Open House! The RLBC Open House took place on May 14<sup>th</sup> from 10:00am – 4:00pm. The greens were saturated and unplayable from the torrential downpour from previous days, so we adapted! We set up a demo in the lower level of the clubhouse – cozy! We had 26 interested bowlers attend and 17 were so fascinated with the demo that they signed up for lessons. Fun Fact #1: We had phone calls from people wanting to sign up for lessons without coming to the Open House and trying the sport. Fun Fact #2: A former 2019 B Cubed player brought his teenage daughter to try the game so that they could play as a family during the summer. Fun Fact #3: We had a couple of people attend who had been at our facility for group bookings in year's past and were interested in trying out bowls as a possible summer activity this year,.

### 110 Poster

*We did it!* The 110 Reasons Why You Should Join The RLBC poster was revealed at the Open House. Some good chuckles were heard. If you haven't had an opportunity to see the poster – it's at the club and will be on display all season. And, it appears in this Newsletter!

### Opening Day

*This is not a drill. We are officially open!* Opening Day took place on Monday, May 23. Greens A & B were filled with bowlers anxious to roll bowls for the first time. We were happy to be able to return to a traditional open house format – raised the flag, sang O Canada, spider bowl, introduced the Board, announced the Award of Merit winner, announced the 110<sup>th</sup> member and outlined some of the activities planned for the season. The cake and refreshments were awesome!

### Competitive 3s

*Competitive 3s or Competitive Triples ~ I've heard it both ways!* 8 teams joined the Competitive 3s league, playing 6 games. Round robin format – sorta type thing. This is a great opportunity for players to get ready for Provincial Playdowns. One game left to play in June.

**Thank you to all the volunteers who helped during these events. We can't do it without you.**

## Skip'em A Rink Marker

Have you been out on the greens lately? If so, you must have noticed that we have enough rink markers for 3 greens, and the 4<sup>th</sup> green going one way. Thanks very much to Al Hastings who arranged to have the rink markers made, powder coated, riveted and delivered. This is a great help when trying to accommodate large group bookings that spill onto all 4 rinks at one time.

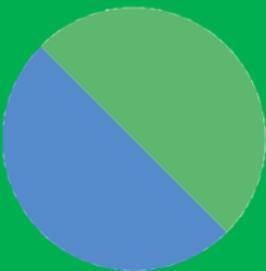


## Group Bookings

As you have often seen, in this newsletter or other communications, the RLBC Board of Directors is looking for a Group Bookings Co-ordinator. Group Bookings is such an important part of the RLBC. Firstly, it is a huge revenue source, without which, our bottom line could be shaky. Secondly, group bookings is an opportunity to showcase our sport to those who have never tried it before. The Board realizes that group bookings is a daunting task. There's so much to it. The bookings go on and on ~ always setting up the greens ~ must be available at all hours of the day and night ~ finding enough volunteers to help ~ and the pay isn't great either. This job is probably too much for one person. How about forming a committee of say 4-6 individuals who are willing to share the responsibilities. Remember ~ we hire a summer student for May, June, July and August so the majority of the work for the Group Booking's Committee would be at the very beginning of the year and in September. If you think you might be interested, talk to any RLBC Board member. Just to confirm how much fun it is . . . a non-member contacted us and ask if he could help out with a group booking this year! Now THAT's an accomplishment.

## Lawn Summer Nights otherwise known as LSN

They'rrrrrr BAAAck. Lawn Summer Nights (LSN) ~ Bowl to Cure Cystic Fibrosis will be hitting the bowling greens all across Canada this summer. In Regina, the RLBC negotiated a contract with LSN to allow LSN to host 4 evenings at our club. Every Wednesday night in July, you will find the LSN team hard at work raising money for Cystic Fibrosis. The music will be loud. The aroma of the smoked meat will infuse the air. The foamy beer will trickle down the cold stein. The players will be dressed in matching costumes. Most importantly, the RLBC will be the financial benefactor of a sum negotiated by our President. We will be looking for volunteers to help. If you are interested and would like to know more about LSN at the RLBC, please email Doug – [doug.normand@sasktel.net](mailto:doug.normand@sasktel.net) or Alex – [reginabowlsoffice@gmail.com](mailto:reginabowlsoffice@gmail.com)



**What Moves You? We have the answer!  
National Bowls Day & ParticipACTION  
June 4, 2022**



**Come on down to the RLBC on June 4 to enjoy a game of bowls on National Bowls Day. Bring a friend or neighbour or family member and let them enjoy a game of bowls, too.**

*Let's bowl a few games.*

*Let's greet a few interested participants.*

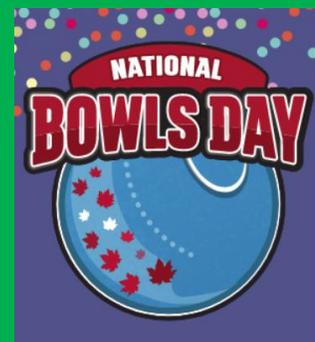
*Let's coach a few newly interested, potential members.*

*Let's walk around the greens (bring your Fitbit).*

*Let's enjoy some refreshments.*

*Let's socialize!*

*See you on June 4<sup>th</sup>!*



## And the Award Goes To . . . . .

# Software Engineers Exploring the UN Sustainable Development Education & Explorations in Being Responsible Software Engineers Faculty of Engineering & Applied Science at the U of R

Remember in 2021 when Brandon Watson brought music to the RLBC through his one-button juke box? Well, the University of Regina was excited and impressed, and Brandon was recognized for his talents. If you are interested in learning more and seeing what others say, here's the link:

<https://www.maciag.ca/software-engineers-exploring-the-un-sdgs/>

Scroll down . . . and Brandon's movie is the  
2<sup>nd</sup> YouTube video under Spring 2021



The 2022 Awards Event took place on May 4, 2022 at  
the Royal Saskatchewan Museum.

Remember, bowlers. . . if you love to roll while listening to rock'n'roll, just turn on the light switch and  
press your genre. It's that simple!

## CAN BOWLS BE IN YOUR DNA?

Ross McArd, a lawn bowler from Australia says, YES. Social bowls is the lifeblood of any bowls club – and that includes daily draws, Jitney's, club tournaments, Competitive 3's, and B Cubed. Even though there is no age barrier to stop people from playing, there comes a time when your lawn bowls super powers begin to fade and bowls become more difficult to play. Blame the hips. Blame the knees. Heck, blame anything. But . . . that doesn't mean that you can't be part of the bowls family at the Regina Lawn Bowling Club. You don't have to have a membership to watch some great in-house tournaments, dance to the tunes playing at B Cubed, or witness the game-winning shots at the Competitive 3s final. If bowls is in YOUR DNA (and we think it is!) come on down to the Regina Lawn Bowling Club, socialize with the members, enjoy a beverage, and watch your favorite game ~~~ of bowls.



## Regina Hosts Bowls Events at the RLBC

June is a busy month and the Regina Lawn Bowling Club will be hosting numerous events.

Here's the schedule

<b>June 1, 6, 7, 8</b>	RLBC Club Tournament – Men's Pairs & Women's Pairs.
<b>June 4</b>	Nationals Bowls Day.
<b>June 4</b>	ParticipACTION. Hmmm. I wonder if we should combine National Bowls Day and ParticipACTION and do something fun?
<b>June 13 – 15</b>	RLBC Club Tournament – Men's Triples & Women's Triples.
<b>June 17 – 19</b>	Men's Provincial Pairs. Women's Provincial Pairs. That's 2 players per team.
<b>June 20 – 22</b>	RLBC Club Tournament – Mixed 4s.
<b>June 25 – 26</b>	Men's Outdoor Singles. Women's Outdoor Singles. That's just 1 player, playing all by themselves. It's lonely out there.
<b>Every Thursday</b>	B Cubed Rec League. Come on down and watch the B Cubed players in action, have a hotdog and a cold one, and then have a roll-up.
<b>Friday Night Jitney</b>	Draw tags in by 7:00.

**Come on down to the RLBC and watch some of the events – or better yet, play in some of the events. We'll make sure the coffee is on!**

# Calling All Cater-er-er's

The Saskatchewan Provincial Playdowns are a go! Yes! This is the first time since 2019 that members of our club, along with members from other clubs in Saskatchewan, will be able to compete. This year, Regina is hosting several of the Provincial Playdowns, and we are super excited to welcome our own competitors as well as those from around the province to our club.



There is an expectation that each club that hosts a Provincial Playdown will offer a meal or two and morning coffee break refreshments. This year, we want to offer a light lunch on each playdown Saturday, and a left over lunch (we'll put the food on a different plate – the competitors will never know it's left-overs) on Sunday. We'll have the coffee pot going and will serve some cookies or muffins to get the athletes ready for the day.

And, we can't forget Flaps'n'Jacks on July 1. A new spin on our Canada Day Celebrations will see a continental breakfast served to our members.



2 Volunteers indicated they would organize the events (until a Catering Director is found, that is), but they need assistance. What would your job be? Well, chopping veggies, mixing salads, plating food, cutting buns – you know, the usual. Oh, and of course, helping to serve and some clean-up. Oh, Oh, Oh, and we need to make sure the coffee is fresh – that could be a full time job!

Following are the dates of the Provincial Playdowns. If you can help in any capacity, please identify your interest to Judy Whiting – [ginlinjin@hotmail.com](mailto:ginlinjin@hotmail.com) You don't have to sign up for every event, you don't need to sign up for each day of each event. Perhaps you'll just bake some cookies or muffins and drop them off. Or keep the coffee pot full. Whatever you can do to help – we'd sure appreciate it. We hope to hear from you. Gosh – the first event is coming up soon! Real soon!



Saturday and Sunday	June 18 and 19	Men's Pairs / Women's Pairs
Saturday and Sunday	June 25 and 26	Men's / Women's Outdoor Singles
Friday	July 1	Canada Day
Saturday and Sunday	July 9 and 10	Youth - U18 and U25
Saturday and Sunday	July 16 and 17	Mixed Pairs
Saturday and Sunday	September 3 and 4	Grassroots Tournament



I'd love to bake a batch of cookies or muffins for the events.



I'd love to keep the coffee pot full. That's a great job for me!

## Road trip????

The Grand Opening of the Stanley Thompson Lawn Bowling Green located in beautiful Waskesiu will be held on Thursday, June 30, in, you guessed it, Waskesiu. If you remember from a previous issue of the Between Bowls Newsletter, the Regina Lawn Bowling Club donated 20 sets of bowls to Waskesiu. So, if you want to see the new bowls green, or, you miss our donated sets of bowls and want to give them a hug . . . why not head to Waskesiu on June 30.

## How fast do you move?????

As you get older, you've got to stay positive. For example, the other day, I fell down the stairs. Instead of getting upset, I just thought, "*Wow, that's the fastest I've moved in years!*". Lawn bowls is a great way to get exercise, increase flexibility, and keep your mind sharp. And, don't fall onto the green, please! Use the step downs that **Al Hastings** made us as a better option.



## Coach's Corner

Don't blame the kitty, or the jack, or your bowls, or the greens for a bad end or game. YOU may need to adjust to the environment. Is it windy? You might need to change your line to accommodate the wind. Is it rainy? You might need to throw a little heavier. Brown patches? You might need to avoid those by throwing a shorter or longer jack or by bringing the mat up. Remember, trial ends are to help bowlers familiarize themselves with the conditions. In a non-competitive game, give yourself an end or two to figure out the conditions. Then adjust! No excuses! Well, maybe a few?



Sorry, we can't take your call at the moment . . .  
we've gone outside to play BOWLS!

## Cracker Jack . . . Let's Test your Memory

- 1 This is the year when the Jitney Associate Membership was introduced to the club:  
a) 2010                      b) 2014                      c) 2016                      d) 2017
- 2 This member was the President in 2010  
a) Keith Roney      b) Ernie Meid      c) Jo Urquhart      d) Doug Normand
- 3 This team won the 2015 Women's Triples Club Tournament:  
a) Lorraine Schneider, Ingrid Riffel, Marnie Eistetter  
b) Janet Watson, Judy Whiting, Jeannene Demencuik  
c) Vi McPherson, Evelyn Gaucher, Hannah Schmidt  
d) Jean Temple, Adeline Gotts, Heather Blackwell
- 4 The Equipment Director in 2016 was:  
a) Bill Temple      b) Scott Watson      c) John Gale      d) Jim Gares
- 5 The Group Bookings Director in 2017 was:  
a) Doug Lambert      b) Michael Pituley      c) Jean Roney      e) Vacant
- 6 The RLBC Celebrated National Bowls Day on what date in 2019?  
a) June 6      b) June 4 (same as this year)      c) June 2      d) June 8
- 7 What year was the piano, once located in the lower level of the RLBC, donated to a local charity?  
a) 2017                      b) 2018                      c) 2016                      d) 2019
- 8 The last Jitney of 2020 took place on this Friday.  
a) September 18      b) August 26      c) September 13      d) September 24
- 9 Our 2019 Open House took place on:  
a) May 17                      b) May 19                      c) May 18                      d) May 20
- 10 The RLBC donated bowls to this club:  
a) Regina Short Mat  
b) Wasquesui  
c) Weyburn Short Mat  
d) Estevan Short Mat

The answers are found on the next page. What was your score?

## New Kids on the Block

### Youth Program

Watch for information about our Youth Program which runs in mid-June, July and August at the RLBC. Our Coach, Mark Sutyla, instructs the youth bowlers about the game and strategies, AND, he makes everything fun.

If you know of someone between the ages of 8 and 18 who would like to try bowls, have them contact Mark.

[Rlbc.sk@outlook.com](mailto:Rlbc.sk@outlook.com)

## Free Parking

Another benefit of playing bowls at the Regina Lawn Bowling Club – Free Parking. You can park on the north side of Victoria Avenue just about all day. There is a parking lot to the west of the greens and parking is free there too! In respect of our neighbours and community, we ask that you don't park on the south side of Victoria Avenue.



<https://regina.communityvotes.com>

Click on the link and start voting for the RLBC

And Cathedral Short Mat. Voting started May 30.

### Daily Draws.

Don't forget – we are back to normal. Our daily draws are Monday to Friday, 10:00, 1:15 and 7:15. Come on down and have some fun. You'll be glad you did.



IT'S WHAT THE COOL KIDS PLAY

1 b. 2 c. 3 d. 4 a. 5 a. 6 d. 7 b. 8 a. 9 c. 10 b.

Trivia Answers: How well did you do?

~ THANK YOU ~ THANK YOU ~ THANK YOU ~ THANK YOU ~



Thank you to Tommy's Speakeatery for their ongoing support of B Cubed by providing prizes for the B Cubed players and "specials" at their establishment during the B Cubed season.

Tommy's supplied a \$75.00 gift card for our Booze Basket and they are supplying prizes for our 1<sup>st</sup> place team!

In 2021, Tommy's held a contest. The sports league that attended Tommy's the most during the summer season received a Tommy's gift package. Well, you know what? The B Cubed League came in a very close second. We almost won, guys! With more B Cubed players hitting the greens than ever before, we got this!

Watch out, 2022. The prize is ours!

**Where did Speakeatery come from? It's a combination of Speak-Easy and Eatery! In the 1920's Prohibition in Saskatchewan was a thing. So, you had to find yourself a sneaky little spot called a "speak-easy". A visit to Tommy's is like being back in the 1920's.**

<https://www.tommysregina.ca>

**DINE IN & DELIVERY**

**(306) 584-7777**

The Kramer IMAX Theatre provides prizes for one of our top B Cubed Teams. This season, they are providing Kramer Imax Theatre Movie passes.

Saskatchewan Science Centre – “inspiring minds through science and innovation”.



**SASKATCHEWAN  
SCIENCE CENTRE**

*Real science. Real fun!*

Thank you to Ripplinger Financial Corp for their generous sponsorship of various B Cubed prizes and the B Cubed Booze Basket. This year, the booze basket is better than ever. Who will be the lucky winner?



Thank you to District Brewing Co for providing beer for B Cubed and the RLBC at a reduced price!

Great service  
Great delivery  
Great product



**REGINA**

Thank you to the City of Regina for their ongoing support of the RLBC.

Thank you to Sterling Plumbing - Heating - Air Conditioning for their sponsorship of a large portion of the supply and install of the air conditioning unit for the RLBC.



Thank you to D&R Roofing for supplying new shingles and re-shingling the greens maintenance shed.



Mailing Address: P.O. Box 26044 Northgate Regina, SK S4R 8R7  
Office: 306-586-1710 Cell: 306-537-3102 Fax: 306-586-1711  
Located at 1771 Culver Ave. R.M. of Sherwood (Industrial Park)



**BOWLS CANADA**

Thank you to Bowls Canada Boulingrin for their continued support.

**BOWLS SASKATCHEWAN INC.**



Thank you to Bowls Saskatchewan for their continued support.



Thank you to Gopher Car Wash for supplying Platinum car washes to one of our top B Cubed Teams.

Thank you to Water Boy Supply Centre for generously donating an irrigation remote control for the greens keeper.



Thank you to Cloverdale Paint for sponsoring the paint used for the RLBC Beautification Project as well as the green stain used on Greens A and B in 2018.

Thank you to Dairy Queen Elphinstone for giving a 10% discount to all Regina Lawn Bowling Club members.



Thank you to The Floor Show for providing the new flooring for our clubhouse.



Pete Lefebvre, of Wingert Construction Ltd., generously sponsors our 2022 B Cubed door prizes which will be given out each of the league's 8 weeks as well as partially sponsoring the promotional gift that will be given to each B Cubed player.

These companies provide so much support to the RLBC.

Please consider giving them YOUR support.

# Thank you